

The Daniel and Gayle D'Aniello Syracuse University Program in Florence

# Visitor Information Packet for Florence



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### **Practical Information**

### Taxi Services in Florence

Only take cabs that have the TAXI sign on top of their car, as these are official union-organized taxis. Additionally, in Florence you generally cannot hail a taxi and will have to either call/text for a pick up or find the nearest taxi stand to pick one up.

Radio Taxi 4390 - call for a taxi at +39055.4390 / text for a taxi at +39333.807755 Radio Taxi 4242 - call for a taxi at +39055.4242 / text for a taxi at +39334.6622550

### Medical/Police/Emergency Services in Florence

### **Emergency Numbers in Italy**

112: General Emergencies (911 equivalent-Eng. lang avail.)

113: Emergency Police Help

115: Fire Department

116: Italian Automobile Club Road Assistance

118: Medical Emergencies and Ambulance

#### Police Stations in Florence

In case of theft/loss, you can find assistance in English at the following police stations:

Questura

Via Zara, 2-Tel. +39 055.49771

Polizia - Commissariato S. Giovanni

Via Pietrapiana, 50r - Tel. +39 055.203911

Carabinieri - Comando provinciale

Borgo Ognissanti, 48 - Tel. +39 055.24811

#### U.S. Consulate in Florence

Lungarno A. Vespucci, 38

Tel. +39 055.2398276

uscitizensflorence@state.gov

For U.S. Citizen Services such as lost/stolen passports. Visit their website for lists of English speaking lawyers and doctors in Florence.

https://it/usembassy.gov

### 24 hour Pharmacies in Florence

Farmacia Comunale - inside Santa Maria Novella Train Station Tel. +39 055.289435 or +39 055.216761

Molteni - Via Calzaiuoli, 7 Tel. +39 055.289490

All'Insegna del Moro - Piazza S. Giovanni, 20 (Duomo)

Tel. +39 055. 211343

#### **Emergency Room Services:**

Santa Maria Nuova-Public Emergency Hospital Entrance in Piazza Santa Maria Nuova, 1 (near the Duomo)

Trauma Center Careggi-Pronto Soccorso (Emergency Room) Entrance in Viale Gaetano Pieraccini (25 min taxi ride from Santa Maria Novella Train station)

#### Non-Emergency Medical Service in Florence:

English-speaking general practitioners and specialists

Via Roma, 4

Tel: +39 055.475411

Open clinic: Monday to Friday 11:00am-12:00pm / 1:00pm -

3:00pm/5:00pm-6:00pm

Saturday 11:00am-12:00pm / 1:00pm - 3:00pm

24-hour service by appointment (call office number for cell phone number of doctor on duty-there is a recorded message

on office number in both Italian and English).

### **Bookstores and Shopping in Florence**

Florence is full of great literature, as well as plenty of bookstores to hold it all. Here is a selection of those with the best ambiance and selection of books in English.

Paperback Exchange Via delle Oche, 4r

La Feltrinelli RED

Piazza della Repubblica, 26-29

La Feltrinelli

Via de' Cerretani, 40 and a location inside the train station

Todo Mondo Via dei Fossi, 15r

Black Spring Independent Bookstore

Via di Camaldoni, 10r

Nardini Bookstore Piazza delle Murate

Drawing on a rich tradition of skilled and talented artesian, Florence is a natural choice for shopping. It is known not only for high fashion but also for unique and one of a kind gifts. Italy is known around the world for its high quality and innovative design and Florence is an excellent showcase for both. In Florence, you can find quality leather products, antiques and collectables, gold, silver and precious metals, perfumes, ceramics, stationary/paper products, and art.

Some of the main shopping streets are: Via de' Tornaboni and Via della Vigna Nuova (clothing and boutiques), Via dei Calzaiuoli (clothing and gifts), Via del Corso (clothing, jewelry, and gifts), Via Santo Spirito (clothing, jewelry, art, and antiques), Via Maggio (boutiques, clothing, art, and antiques), and the Ponte Vecchio (jewelry and antiques). Via Gioberti stretches from Piazza Beccaria until Piazza Alberti and is locally called the Via delle Cento Botteghe/the street of the 100 shops. Far from the tourist area, here is where locals go to shop.

See specific suggestions for shopping in the various neighborhoods of Florence below within the Neighborhood Eats Guide.

#### **Tourist Information for Florence**

Province of Florence Tourist Information: <a href="www.firenzeturismo.it/en/">www.firenzeturismo.it/en/</a>

Official website for the city of Florence: www.en.comune.fi.it/

Firenze Card (72hours, 72museums, 82euro): <a href="https://www.firenzecard.it/index.php?lang=en">www.firenzecard.it/index.php?lang=en</a>

**The Florentine** (respected English-language monthly newspaper in Florence that publishes articles on events and activities in Florence) <a href="https://www.theflorentine.net/">www.theflorentine.net/</a>

### Tourist Info Points (maps, etc):

Piazza Stazione, 4 (across from the S.M.N train station main entrance; the back of S.M.N church)

Piazza San Giovanni, 1 (Bigallo loggia in the Duomo Piazza)

Via Cavour, 1r (closed Sunday)

Airport A. Vespucci

### **Tour Companies:**

Context Travel

www.contexttravel.com/

Viator

www.viator.com/

City Discovery

www.city-discovery.com/

Art Viva

www.italy.artviva.com/

Walkabout

www.walkaboutflorence.com/

#### **Licensed Guides for Tuscany:**

Elizabeth Butler

e annbutler@hotmail.com

Jennifer Cowden

jecowden@gmail.com

**Emily Moloney** 

emilymoloney@gmail.com

Suzanne Myers

http://florenceinaugust.com/

Paola Vojnovic

paola50122@gmail.com

#### **English Speaking Travel Agencies in Florence:**

Universal Turismo

Viale Giuseppe Mazzini, 15/a

www.universalturismo.com/en/welcome

Biemme Viaggi & Crociere

Via delle Belle Donne 4/6r

www.biemmeviaggi.it/

#### **Museum Information for Florence**

 $Official\ Website\ of\ the\ Civic\ Florentine\ Museums: \underline{www.museicivicifiorentini.comune.fi.it/en/index.html}\\ List\ of\ Museums\ in\ Florence: \underline{www.musei.firenze.it/elenco\_musei\_a\_firenze.htm}\ (Italian)$ 

<u>www.museumsinflorence.com/</u> (English)

Museum Reservations:

By Phone: From a US phone, dial 011-39-055-294-883. If in Italy, 055-294-883

€4/ticket reservation fee; Booking office open Mon-Fri 8:30-18:30, Sat 8:30-12:30, closed Sun.

English option available.

Online: http://www.b-ticket.com/b-ticket/uffizi/default.aspx

€4/ticket reservation fee; You will receive an order-confirmation email and a voucher email. Bring your voucher to the ticket desk to swap for an actual ticket.

**Note:** Third-party websites, such as uffizi.com and tickitaly.com, are reliable and more user-friendly than the official site, but their booking fees run about €10 per ticket.

#### **Travel Information**

#### TrenItalia (Italian national rail)

www.trenitalia.com/tcom-en

### Italo (private rail company-competitive pricing)

www.italotreno.it/en

#### **Additional Travel Websites:**

www.reidsitaly.com/ www.visitflorence.com

#### How to arrive in Florence:

### If you fly into ROME:

From the Rome, Fumincino Airport you should take the train to the Termini train station.

As the airport is far from the city center it will cost 100 euro to take a taxi.

You can purchase your train tickets from a Kiosk at the train departure area in the airport.

You can choose between FrecciaRossa or FrecciaArgento (fast trains) or the intercity (slow trains).

Travel time on the fast trains is 1.5 hours from Termini and the cost is approximately 44 euro.

Travel time on the slower trains is 4 hours and the cost is approximately 17 euro.

### If you fly into PISA:

Take the 'Autostradale' bus directly from the airport to Florence central train station.

Travel time by bus about 1.5 hours and the cost will be approximately 5 euro.

You can take a bus/taxi to the central train station of Pisa to take the train to Florence as well.

Travel time by train about 1.5 hours and the cost will be approximately 12 euro.

### If you fly into MILAN:

From the Milan airport you can take a shuttle bus or a train to the Central Train Station in Milan.

You can purchase your train tickets from a Kiosk at the central train station.

You can choose between FrecciaRossa or FrecciaArgento (fast trains) or the intercity (slow trains).

Travel time on the fast trains is 1 hour 40 minutes from Milan Central and the cost is approximately 45 euro.

Travel time on the slower trains is 3.5 hours from Milan Central and the cost is approximately 33 euro.

### Once in Florence:

If you arrive at the central train station in Florence, you can take a taxi to your hotel (cost should be no more than 15 euro). If you arrive at the Florence airport taxis in to town should cost 25 euro.

The main train station of Florence is called Santa Maria Novella. You might also see it written as Firenze S.M.N.

#### Travel by Taxi

A general rule of thumb for taking taxis anywhere in Italy: only take cabs that have the TAXI sign on top of their car. These are official union-organized taxis.

Additionally, in Florence you generally cannot hail a taxi and will have to either call for a pick up or find the nearest taxi stand to pick one up.

If you plan on paying with a credit card, you will need to let them know this before getting in the taxi or when you are on the phone requesting one as most cars are not equipped with the POS credit card machine.

The main taxi service numbers in Florence are 055.4390 and 055.4242.

### More Practical Information about Italy/Florence and Suggested Readings

#### Money and Banking

It is a good idea to bring some Euro from home when you arrive in Italy, the land of strikes, unforeseen delays, and quirky banking hours. These days ATM machines are on every corner. Make sure your ATM card has an international

pin number. Banking hours vary but most are open from 8:30am-1:30pm and again from 2:30pm-3:30pm Monday through Friday. Make sure you always have your passport with you when changing money and when finished, return it to your safe in your hotel room.

#### Clothing

You cannot overdress in Italy but the only places with dress codes are a few restaurants, casinos and churches. Specifically, in churches, no shorts, sleeveless shirts or strappy sundresses, and women should carry a scarf to throw over their shoulders. Men should take off their hats before entering.

### Walking

Florence is a pedestrian city and you will inevitably find yourself doing lots of walking. Bring comfortable shoes! The pavements can be quite uneven (small or large cobblestones) and the sidewalks are narrow.

#### Make sure to pack

Converter for electric appliance (Italy runs on 220 AC)

Comfortable walking shoes

Shoulder cover for women

Travel gum, wristbands or other for motion sickness

Passport copies (to carry around instead of your real passport which you can leave in your hotel safe)

A list of your credit card numbers and the toll free number to call in case of a lost or stolen credit card

\*Do not wear expensive jewelry or watches or carry a large amount of cash while walking around Florence.

### **Tips on Tipping**

In general tipping is not mandatory, but always appreciated.

In restaurants 1-2 euro per person (or 10%) is sufficient if you enjoyed the service.

In restaurants you will often see the word "coperto" which is not "gratuity", but a fee paid to cover table costs and often bread. This will be around 2-3 euro a person and will be written on the menu.

If you have luggage when using a taxi, an automatic fee is added, no tip necessary.

In 4- or 5-star hotels you can tip the maid 1 euro per day.

#### Suggested Readings:

#### Non-fiction

The House of Medici: Its Rise and Fall [Paperback] and Florence, The Biography of a City [Paperback] Christopher Hibbert

The City of Florence: Historical Vistas and Personal Sightings [Paperback]

R.W.B. Lewis

A good standard Italian history book

Brunelleschi's Dome: How a Renaissance Genius Reinvented Architecture [Paperback]

Ross King

Painting and Experience in Fifteenth-Century Italy: A Primer in the Social History of Pictorial Style (Oxford Paperbacks) [Paperback]

Michael Baxandall

Art in Renaissance Italy [Paperback textbook]

John T. Paoletti & Gary M. Radke (former coord. of the Syracuse University Graduate Program in Renaissance Art)

Saving Italy [Paperback] or The Monuments Men [Paperback]

Robert M. Edsel

#### **Fiction**

The Birth of Venus: A Novel [Paperback]

Sarah Dunant

The Sixteen Pleasures [Paperback] Robert Hellenga

Inferno [Paperback] Dan Brown

A list of additional books set in Florence can be found at:

http://www.goodreads.com/list/show/4254.Books\_Set\_in\_Florence

#### A Few Notes on Food and Drink:

There are those who eat to live and those who live to eat, and then there are the Italians, for whom food has an almost religious significance, linked with love, *La Mamma* and tradition. Few Italians are gluttons, but all are experts on what is what in the kitchen. For the visitor, this culinary obsession comes as an extra bonus - along with the remarkable sights, music, and the warm sun you can enjoy some of the best tastes and smells in the world prepared in Italy's kitchens and fermented in its countless wine cellars.

Breakfast (colazione) is no lingering affair, but an early morning wake-up shot to the brain.

Espresso - espresso is coffee brewed by forcing a small amount of nearly boiling water under pressure through finely ground coffee beans. It has more caffeine per unit volume than most coffee beverages, but because the usual serving size is much smaller, the total caffeine content is less than a mug of standard American brewed coffee.

Cappuccino - espresso with hot foamy milk - first thing in the morning is the only time of day at which any self-respecting Italian will touch the stuff.

Caffè latte - coffee with a lot of milk (no foam)

Caffè lungo - a generous portion of espresso

Caffè macchiato—espresso "stained" with foamed milk.

Cornetto or brioche (breeosh) - a breakfast roll with or without filling

\*\*\* note that if you order a "latte" you will receive a glass of warm milk

**Lunch** (pranzo) is generally served around 1pm and is traditionally the most important meal of the day although that is changing with many people now only allowed 1 hour for lunch.

Antipasto is a starter or appetizer

Primo piatto is any kind of pasta dish, soup, or rice

Secondo piatto is an entrée (usually meat or fish)

Contorno is a side dish or vegetable/salad

Cena (dinner) is usually eaten around 8pm and is similar to pranzo.

Very few restaurants have open hours between lunch and dinner. Most re-open for dinner at 7:30pm, so beware of looking to sit down for a meal at 4pm.

In Italy the various terms for restaurants are: 'ristorante', 'trattoria', 'osteria' and these days there is really no way to tell the difference, generally speaking 'restaurants' are fancier than 'trattoria' or 'osteria' but it's not always accurate.

#### Pizza

Its origins are almost certainly Arab. Some people claim its name is derived from *pita*, the unleavened bread eaten throughout Greece, Turkey, and the Middle East. Modern pizza evolved from similar flatbread dishes in Naples, Italy in the 18th or early 19th century. Prior to that time, flatbread was often topped with ingredients such as garlic, salt, lard, cheese, and basil. It is uncertain when tomatoes were first added and there are many conflicting claims. Until about 1830, pizza was sold from open-air stands and out of pizza bakeries, and pizzerias keep this old tradition alive today. A popular contemporary legend holds that the archetypal pizza, pizza Margherita, was invented in 1889, when the Royal Palace of Capodimonte commissioned the Neapolitan pizzaiolo (pizza maker) Raffaele Esposito to create a pizza in honor of the visiting Queen Margherita. Of the three different pizzas he created, the Queen strongly preferred a pizza swathed in the colors of the Italian flag: red (tomato), green (basil), and white (mozzarella). Supposedly, this kind of pizza was then named after the Queen as "Pizza Margherita". Generally, the most authentic topping is *pomodoro fresco* - fresh tomatoes chopped over a bed of *mozzarella*, with fresh basil and liberally doused with olive oil. However, you order it, pizza should really be eaten with beer rather than wine. Pizza is usually eaten as a meal in itself, sometimes for lunch but more often in the evening. Pizzas are made to be consumed by one person

unless otherwise stated.

There are two styles of pizza in Italy, one is the most famous Neapolitan pizza: it has a soft dough and a high crust; the other one is loved by Italians and is the Roman pizza: it has a thin and crunchy dough and a crumbly crust.

#### Wine

Italy is a country where everyday wine is cheaper that Coca Cola or milk, and where nearly every rural family owns some vineyards or has some relatives who supply most of their daily needs. Italians however indulge relatively little and only at meals. Unless you are eating at a restaurant with an exceptional cellar, do as the Italians do and order a carafe of the house wine (vino della casa). House wine is not always the best, depending on the restaurant, but they can be! Most Italian wines are named after the grape and district they come from.

Keep in mind these acronyms: IGT, DOC and DOCG (are letters that you see on bottles of Italian wine). Do you know what these letters stand for? And what is the difference between them?

IGT stands for *Indicazione Geografica Tipica* (Typical Geographical Indication). The IGT category is the broadest category of Italian wines. All grapes within any IGT wine should come from the region stated on the label. There are no other requirements for this category in terms of style and it allows foreign grape varieties to be included. This does not mean that all IGT wines are lower quality. Some non-traditional wines, such as Super Tuscans, are released under this classification as the producer does not wish to adhere to the stricter rules for more traditional DOC or DOCG classification.

DOC and DOCG are both quality classifications.

DOC stands for *Denominazione di Origine Controllata* (Denomination of Controlled Origin). The DOC designation for wines was introduced in the early 1960s. It equates more or less to the French AOC/AC system. The regulations for each DOC wine delimit the production area, wine color, permitted grape varieties and max/min proportions, styles of wine, max/min alcohol levels as well as permitted or mandated viticultural, vinification and maturation techniques There are 330 DOC wines in Italy today. Before they can become DOC, they must have been IGT for at least 5 years, which means that at least 85% of the grapes used to make the wine must come from that geographical area.

DOCG stands for *Denominazione di Origine Controllata e Garantita* (Denomination of Controlled and Guaranteed Origin). The DOCG wine designation was created in 1980 to differentiate the top Italian wines, as there was a general feeling that the DOC status was graded too liberally. The regulations for DOCG wines are tighter and more restrictive. For example, maximum permitted grape yields are lower. Also, each wine must pass an in-depth technical analysis and tasting to receive the official DOCG seal of approval from the Ministry of Agriculture. Under Italian wine law DOCG is the highest designation of quality among Italian wines.

#### Want to avoid tourist scams?

Florence hosts every year about 10 million tourists, for this reason unfortunately it's frequent to end up in a tourist overpriced restaurant or gelateria, especially downtown. Florence is also very famous for its delicious food so don't worry, with some basic simple rules you can recognize in a second if it's a tourist place or an authentic one.

First rule: always read the menu before sitting at a table, in this way you'll know the prices and what kind of food they have. Usually, you can understand if the place is touristy if the menu is suspiciously too long with tons of variety, ranging from pizza and pasta to fish and meat. Generally, it is more likely that a restaurant tends to do one thing really well than everything well. Also is better to avoid places with waiters standing outside calling your attention: "try our pasta!" and any restaurant with a giant plastic chef outside holding up a menu.

Gelato is made by using less fat compared to ice cream and is churned at a slower speed to ensure less air gets mixed in. This is why gelato is denser and richer in flavor and ice cream has a whipped and fluffy consistency. Gelato is one of the best products in Florence and it's loved by the locals, it's very easy to understand if a gelateria is authentic or industrial, you just need to avoid mountains of brightly colored gelato. For example, pistachio should never be green like you might think, but brownish; banana should be white, not yellow.

They say don't judge a book by its cover, but you should absolutely judge gelato by the container it's served in, look for flat metal tins, which may have lids on them. Most gelaterias in Florence have vegan gelato, dairy-free gelato, and gluten-free gelato.

### Florence Neighborhood Eats Guide

### Piazza della Signoria

Since the Middle Ages, Piazza della Signoria has been considered Florence's political center. On the left of the Palazzo Vecchio, there are the equestrian statue of Cosimo I (1594) and the fountain of Neptune, which the Florentines call *Biancone* (recently restored). To the right you will find the Loggia di Lanzi housing antique and renaissance sculptures including Cellini's bronze Perseus with the head of Medusa and Giambologna's marble Rape of the Sabine Woman. The U-shaped building to the right of the Piazza della Signoria is the Uffizi art gallery. Where the Uffizi meets the Arno River to the right is the Ponte Vecchio bridge, the shortest and most famous of the 9 Florentine bridges spanning the Arno. Long gone are the butchers' shops that were there originally. Today, it is best known for the wooden-shuttered goldsmiths' jewelry shops that line both sides of it, and for the Vasari Corridor that runs over it (a private aerial walkway built in 1561 so the Medici family could move between the Palazzo Pitti and the Palazzo Vecchio, safe from risk of assassination in the streets below).

### **Quick Bites and Aperitivo**

### I Due Fratellini (sandwiches)

Via dei Cimatori, 38r

Open daily 11am-3pm / 7pm-12am

Since 1875 this tiny spot (no seating) has maintained the old tradition of preparing sandwiches with quality Tuscan products combined with an excellent glass of wine.

#### Cantinetta dei Verrazzano

Via dei Tavolini, 18

Tel. 055.268590; Open daily 8am-4pm. Closed on Sunday.

They bake their own bread in-house and you can enjoy with cheeses, oil, salame, eggs, and vegetables. They offer *Chianti Classico* and other wines from the namesake producer, *Castello di Verrazzano*. It's an ideal place if you cannot get out to the Chianti region to taste its local fares.

#### Caffé Coquinarius

Via delle Oche, 11r

Tel. 055.2302153; Open daily for lunch, aperitivo and dinner

Just around the corner from the hotel Brunelleschi, this wine bar offers cold and hot dishes, soups, salads, and some of the best hot chocolate in town.

### Lunch/Dinner

#### Antico Fattore

Via Lambertesca, 1-3r

Tel. 055.288975; Open daily for lunch and dinner. Closed on Monday

With its charming interior, very good service, nice owner, Antico Fattore offers rustic country cooking at its best including Florentine favorites such as white-bean soup and *ribollita*.

### Frescobaldi Wine Bar

Via de Magazzini, 2/4r

Tel. 055.284724; Open daily for lunch and dinner. Closed on Monday

Upscale Tuscan cuisine with an extensive Frescobaldi wine list.

#### Paoli

Via Dei Tavolini, 12

Tel. 055.216215; Open daily for lunch and dinner

Warm, festive décor. Fantastic fresh salads baked pastas and an amazing dessert cart.

### Da Pennello

Via Dante Alighieri, 4

Tel. 055.294848; Open daily for lunch and dinner.

Try the well-stocked antipasto table. They make wonderful pastas, especially a spicy spaghetti called "alla carrettiera". Friendly service and reasonably priced.

#### Hostaria Da Ganino

Piazza de' Cimatori, 4r

Tel. 055.214125; Open daily lunch and dinner. On Sunday opens only for lunch.

You can start with the rich mixed Tuscan salumi and warm *burrata* cheese on a bed of crispy spinach. Follow with the homemade pappardelle with wild boar ragu, the *gnudo Florentino* with butter and sage sauce, *tagliatelle* with porcini mushrooms or truffle, or the traditional *ribollita*, Among the second courses you will find the *bistecca fiorentina*, filet steak with green pepper or truffle, *ossobuco* (veal shanks containing the marrowbone) cooked in a traditional style, and sliced beef with arugula and Parmesan cheese. Among the sweets: truffles, *tiramisu* and *biscotti di prato* (almond biscuits) with *Vin Santo* (sweet dessert wine).

### Osteria Vini e Vecchi Sapori

Via dei Magazzini, 3

Tel. 055.293045; Open daily lunch and dinner. Closed on Sunday

Very small family run trattoria that is always packed with locals. Make sure you reserve days in advance. Very traditional simple Italian dishes packed with flavor.

#### Buca dell'Orafo

Via Volta dei Girolami, 28r (close to the Ponte Vecchio)

Tel. 055.213619; Open Tuesday-Saturday for lunch and dinner and Monday for dinner only, closed Sunday This is an authentic neighborhood restaurant whose cuisine is firmly rooted in Tuscan cooking and traditions. It's named after the *orafo* (goldsmith shop) which occupied the premises during the Renaissance. Pasta is homemade.

#### **International Eats**

#### **Tehran**

Via dei Cerchi, 25/R

Tel: 055 094 5695; Open daily for lunch and dinner.

Tehran is a small and cozy restautant in the heart of Florence, here are served typical Persian dishes like kebab, celo gheime and disi. On top of their regular menu every day you can find a chef's special dish. Don't miss the pistacchio desserts at the end! Reservations are suggested.

### Temakinho Firenze

Piazza degli Strozzi, 14/15

Tel: 055 614 6880; Open daily for lunch and dinner.

Temakinho offers Nippo-Brazilian sushi cuisine. The location celebrates flowers, their healing power and nature's ability to regenerate, you will have the chance to taste original recipes born from the encounter between Japanese tradition and Brazilian culture.

#### Gelato

#### Venchi

Via Calzaiuoli, 65r

Carabe (Sicilian)

Via Ricasoli, 60r

### Santa Croce

The Santa Croce quarter, on the southeast fringe of the historic center, was built up in the Middle Ages outside the second set of medieval city walls. The centerpiece of the neighborhood was (and is) the basilica of Santa Croce, which could hold great numbers of worshipers; the vast piazza could accommodate any overflow and also served as a fairground and, since the middle of the 16th century, as a playing field for no-holds-barred soccer games. A center of leatherworking since the Middle Ages, the neighborhood is still packed with leatherworkers and leather shops. Ancient tanneries used to line the streets on Via dei Conciatori (Tanners' Street) and Corso dei Tintori (Dyers' Street). For those wishing to learn about leather making or if just after a quality handbag, Scuola Del Cuoio (Via San Giuseppe, 5r) is the ideal place to visit. Other places of interest include Casa Buonarotti, Horne Museum, Piazza dei Ciompi, Sant' Ambrogio fresh market, and the Synagogue. For another unique and artesian experience check out Aquaflor (Borgo Santa Croce, 6) which offers special tours and fragrance tastings, workshops on artistic perfumery, as well as, the creation of your bespoke fragrance in a private session with Aquaflor perfumer. Advanced reservations are required for these activities; however, the shop is open for perusal and purchase of their signature scents.

### **Quick Bites and Aperitivo**

### Salumeria Verdi (sandwiches)

Via Giuseppe Verdi, 36r

Open Monday-Saturday from 8am-9pm. Closed Sunday.

Favorite among students and staff alike. Hearty sandwiches on the best schiacciata. Selection of pasta dishes as well.

#### Note di Vino

Borgo dei Greci, 4/6r

Open daily from 10.30am until late.

Here you will find simple and delicious aperitivo platters consisting of mixed tuscan *crostini*, sliced salami, *prosciutto* and cheeses. Pair that with a great wine and you have a nice pre-dinner or afternoon snack. The space is very small and has an outdoor patio that looks over the Basilica of Santa Croce. Aim to arrive before sunset to see how beautifully the facade takes the fading sun.

## Lunch/Dinner

#### Cibreo Ristorante

Via Andrea del Verrocchio, 8r

Tel. 055.2341100; Open Tuesday-Saturday for lunch and dinner. Closed on Saturday and Monday Cibreo is a gastronomic oasis, combining an elegant restaurant with a trattoria at its back door that share the same kitchen. Fabio the owner does not believe in serving pasta as a first course. However, with the heavenly dishes he offers in its place, you won't miss it. Let the staff help you order. Reservations needed.

### Cibreo Trattoria

Via de' Macci, 122r

Same contact information as Cibreo Ristorante above

Also known as the *sala dei poveri* (the poor room), serves a smaller selection of the same food. No tablecloths or stemmed glassware, and you won't see Fabio near your table. One can enjoy a meal consisting of eggplant with a goat cheese mousse, fish soup and bread and tomato soup, a fabulous dish of sausage, beans, and cabbage, and veal meatballs with ricotta. Leave room for dessert. Not bad for one-third the price of the front room! No credit cards.

#### Osteria del Caffé Italiano

Via dell'Isola delle Stinche, 11/13r

Tel. 055.289080; Open daily for lunch and dinner

This place features high quality meat dishes and a few traditional Neapolitan style pizzas. The incredible homemade desserts are a must-try (Chocolate lava cake with mint-infused cream and Rum Baba'). Very popular with the after-theatre crowd. You will love the wine cellar, visible through the glass floor.

#### Trattoria II Francescano

Largo Bargellini, 16 (in piazza Santa Croce)

Tel. 055.241605; Open daily for dinner. Lunch served on weekends

Traditional Tuscan dishes that change seasonally. The pasta dishes are simple yet very flavorful. The *ribollita* is especially good here.

### Il Pizzaiuolo (Pizza and more)

Via de' Macci, 113r

Tel. 055.241171; Open daily for lunch and dinner.

This is one of the oldest and best pizzerie in town, known for their pizza maker from Naples. Reservations a must!

### Mercato di Sant'Ambrogio

Piazza Lorenzo Ghiberti

Open Monday-Saturday 7am-2pm

This is one of the two main indoor/outdoor fresh food markets in Florence. Here you will find mainly fresh vegetables, meats, cheeses, and fish. There is one small inexpensive trattoria open from noon-2:30pm Monday-Saturday called **Trattoria da Rocco**. Here you can try Tuscan specialties such as *pasta and ceci*, *pappa al pomodoro*, *melanzane alla parmigiana* and more. Try the poached pear for dessert!

#### Ristorante del Fagioli

Corso dei Tintori, 47r

Tel. 055.244285; Open Monday-Friday lunch & dinner

Reserve in advance.

This is a busy casual restaurant serving one of the best Florentine steaks in Florence and other Tuscan classics. For dessert, try the warm biscotto with chunks of chocolate.

#### **International Eats**

#### Malaleuca

Lungarno delle Grazie, 18

Tel: 0556146894; Open daily 8am-4pm (weekends 9am-4pm).

Malaleuca is an Australian/American bakery on the river in Florence. Brunch menu is served from Friday to Sunday. From-scratch international cakes and French pastries everyday. Ingredients are fresh and when it's possible from Tuscany. No reservations.

#### Ararat

Via Borgo La Croce, 32r

Tel: 3755721739; Open from Tuesday to Sunday for lunch and dinner.

Ararat is the right place if you are looking for Armenian and Georgian cuisine in Florence. The menu is mostly meat based but vegetables are also delicious. Dinners are a little pricey but lunches are cheaper!

### Kalimera, l'Angolo Greco

Borgo la Croce, 33/R

Tel: 0552001719; Open daily for lunch and dinner.

Kalimera is a tiny greek restaurant with a little patio in the back. The food is fresh and authentic: moussaka, baklava, fried feta and much more! For lunches you can find an affordable fixed menu!

### Ba'Ghetto

Via Luigi Carlo Farini, 5r

Tel: 0552302567; Open daily for lunch and dinner. Friday opens only for lunch and Saturday opens only for dinner. At Ba'Ghetto you can find authentic Jewish-Roman and Middle Eastern kosher cuisine. The ingredients are fresh and they offer remarkable dishes such as Carbonara (with dry meat) and fried artichokes.

#### Gelato

#### Vivoli

Via Isola delle Stinche, 7

#### Gelateria dei Neri

Via dei Neri, 9/11r

#### Gelateria La Carraia 2

Via de' Benci, 24r

## Between Santa Croce and Piazza della Signoria

Places of interest include the Badia of Florence, Galileo Museum, and the Bargello Museum. The Bargello Museum looks like a fortress with strong embattlements surrounding an austere facade. Begun in 1255, the building served many judicial functions until 1574, when it became the living quarters for the Captain of Justice (chief of police) and then functioning as a prison. In 1859 it became a museum, bringing together many important Renaissance sculptures including works by Donatello, Luca della Robbia, Verrocchio, Michelangelo, and Cellini. The Bargello is to sculpture what the Uffizi is to painting. The museum also houses a collection of gold work, enamels, seals, coins and various metal objects, rare ivory carvings from ancient times up to the 15th century, weapons and armor as well as tapestries.

## **Quick Bites and Aperitivo**

#### Antico Noe

Volta di S. Piero, 6/8/r

Open daily for lunch (12:30-3pm) and dinner (7-10:30pm). Closed on Sunday

Both quick and delicious sandwiches and sit down "trattoria" style meals.

#### Maestri di Fabbrica

Borgo degli Albizi, 68/r

Open Tuesday-Thursday 10:30am-7pm, Friday and Saturday 10.30am-9pm. Daily lunch and dinner buffet (11€). Part bookshop, part artisanal shop, part wine shop and part restaurant this place has a very eclectic feel. Come for the shopping, stay for the lunch or dinner buffet.

### Lunch/Dinner

#### Enoteca Pinchiorri

Via Ghibellina, 87

Tel. 055.242777; Open Tuesday-Saturday for dinner only, closed Sunday and Monday

Delicious gourmet cooking. Extraordinary wine list.

#### Le Mossacce

Via del Proconsolo, 55r

Tel. 055.294361; Open Monday-Saturday for lunch and dinner. Closed on Sunday

Opened in the 1900s, and within its 300-year-old walls, serves Florentine and Tuscan dishes such as *ribolliita*, baked lasagna, roasted pork, and *bistecca Fiorentina*.

### Vecchia Firenze

Borgo degli Albizi, 18

Tel. 055.2340361; Open Tuesday-Sunday for lunch and dinner. Closed Monday

Housed in a  $14^{th}$  century palace, this trattoria combines atmosphere with budget meals. Simple and hearty Tuscan options.

#### La Giostra

Borgo Pinti, 12r

Tel. 055.241341; Open Monday-Friday for lunch and dinner. Saturday and Sunday only open for dinner. Servers will describe favorite dishes from the constantly changing menu, which regularly has terrific vegetarian and vegan options. Any meal that does not include truffles is significantly less expensive than those that do. For dessert, try the tiramisù or the wonderfully gooey Sacher torte. Booking required online and a deposit as well via credit card.

### **International Eats**

#### Koto Ramen

Via Giuseppe Verdi, 42r

Tel: 0550030154; Open daily for lunch and dinner.

Koto Ramen is one the local's favourite. They serves traditional Japanese cuisine using Italian and Tuscan ingredients and the food is interesting as it sounds! Ramen is their famous specialty. Desserts are prepared everyday in the kitchen.

#### Dim Sum

Via Antonio Magliabechi, 9r

Tel: 055284331; Open Tuesday-Sunday for lunch and dinner. Closed on Monday

Dim sum is the term used in southern China to indicate a meal, especially on Sundays or special holidays, composed of small portions of dishes with meat, fish or vegetables, but also desserts or fruit. Restaurants inspired by this tradition have spread in recent years in all major capitals European becoming more and more fashionable. Here you can find traditional Chinese food and more modern rivisitated dishes. Take out available.

#### Gelato

Vestri

Borgo degli Albizi, 11r

Rivareno Gelato

Borgo degli Albizi, 46r

Perche no?

Via Tavolini, 19r

### San Lorenzo

This bustling, chaotic, neighborhood with tightly packed streets between the train station and the Duomo is the market district of Florence. The vast indoor Mercato Centrale is here, and many of the streets are filled daily with stalls selling leather products (be weary of the venders without an actual store, as their products may not be authentic or real leather). The neighborhood centers on the Medici's old family church of San Lorenzo and its Michelangelodesigned tombs and the Riccardi Medici Palace. In 1444, Cosimo the Elder commissioned Michelozzo to design the first palatial home of the Medici family. The palace functioned as both a residence and a space where the Medici conducted their business as bankers. It was the workplace of artists of the caliber of Donatello, Michelangelo, Paolo Uccello, Benozzo Gozzoli and Botticelli.

# Quick Bites and Aperitivo

### Mercato di San Lorenzo

Located in central florence with entrances on via dell'Ariento, via Sant'Antonino, and via Panicale.

This is one of the two main indoor/outdoor fresh food markets in florence. On the **ground floor** you will find mainly fresh vegetables, meats, cheeses, and fish which is open Monday-Saturday until 2pm. Check out the mozzarella demonstration on Friday mornings.

There are a few stalls on the ground floor serving up quick bites too. **Da Nerbone** has been serving up its speciality, lampredotto to hungry workers since 1872. They serve pasta and roast meats as well for the less adventurous. **Pescheria Ultima Spiaggia** located in the fresh fish section, serves up fried seafood street food style at a low price.

The 1st floor food court is a great spot for lunch or dinner (open until midnight daily). Here you will find more than 20 individual "Stores" serving up things like vegetarian/vegan foods, sushi and dim sum, fresh pasta, pizza, burgers, roasted meats and more! You pay at the store and find a seat anywhere. There is also an enoteca and birreria inside to quench your thirst.

#### La Divina Enoteca

Via Panicale, 19r

Tel. 055.292723; Open Tuesday-Sunday from 10:30am-8:30pm

Intimate wine bar where the owner treats you like a part of the family. Not only do they have an excellent selection of wines, the owner will pair them with some great snacks such as truffle butter and prosciutto sandwiches.

### Lunch/Dinner

#### Trattori Antellesi

Via Faenza, 9r

Tel. 055.265646; Open daily for lunch and dinner

A great trattoria where you'll instantly feel at home. English is spoken and great food is served. Traditional Tuscan food prepared with a light hand and some new variations. Be sure to try their *crostini misti* to start. Don't overlook the Pecorino and pear salad. The beef here is fabulous! If they have *tagliata* with gorgonzola, it's a must. Save room for dessert--the *pannacotta*, molded cream with berries or hot chocolate sauce, great *tiramisu* and chestnut flan.

### Osteria dell'Agnolo

Borgo San Lorenzo, 24r

Tel. 055.285923; Open daily for lunch and dinner

Nice, casual Florentine atmosphere. Typically Tuscan cuisine with an extensive wine list. Conveniently located between the Duomo and San Lorenzo Church

#### Trattoria Mario

Via Rosina, 2r (corner of Piazza del Mercato Centrale)

Tel. 055.218550; Open daily for lunch only, Closed Sunday. Dinners server from Thursday and Friday.

Florentines flock to this narrow family-run trattoria near San Lorenzo to feast on Tuscan favorites served at simple tables under a wooden ceiling dating from 1536. A distinct cafeteria feel and genuine Florentine hospitality prevail: you'll be seated wherever there's room, which often means with strangers. The menu is daily changed but you can always find the steak, the Florentine ragu and ribollita.

The reservation is recommended since the place is very small.

#### Tratoria ZàZà

Piazza del Mercato Centrale, 26r (right next door to Tratoria Mario)

Tel. 055.215411; Open daily for lunch and dinner

Large outdoor seating area for warm weather. The extensive menu includes *bistecca fiorentina* and many other cuts of meat, ribollita, several pasta choices and desserts. Good wine list, delicious large salads and an impressive seafood menu.

Reservations are highly recommended for dinners, a must on weekends. Lunches are less crowded, but in fine weather you may have to wait for an outside table.

#### **International Eats**

#### Crown of India

Via Faenza, 102r

Tel: 055 933 7735; Open daily for lunch and dinner 12pm-3pm/6:15pm-11pm. On Tuesday closed for lunch. Indian Restaurant Crown of India offers a typical Indian menu in an elegant and welcoming environment and a large variety of Indian and International wine and liquors. They also offer vegan, vegetarian and gluten-free options. In the menu, rich and varied, you will find dishes from the traditional Indian for all tastes. They use genuine and fresh ingredients like fresh chicken from the Central Market (which is just a few steps away).

### Woody - Ravioli e Ramen

Via Nazionale, 113r

Tel: 327 734 7364. Open daily except on Tuesday. Hours: 11:30am-3pm / 6pm-10pm.

Small restaurant serving typical chinese street food like bao buns, dumplings and chinese pancakes. The ingredients used in this small restaurant are fresh and the athmosphere is cozy. Vegeterian friendly.

#### Gelato

### Le Botteghe Di Leonardo

Via de' Ginori, 21r

### Antica Gelateria Fiorentina

Via Faenza, 2a

### Santa Maria Novella

Santa Maria Novella is one of the central neighborhoods in Florence, mostly known for its stunning basilica and busy train station. Other places of interest include the Museo Novecento (collection of works from 1900 until the current day), the Old Pharmacy (Profumo-Farmaceutica) of Santa Maria Novella (est. in 1612) where you can find new and ancient perfumes, herbal elixirs, natural soaps, and more. Piazza Santa Trinita and its namesake church is worth a look as well as Palazzo Strozzi, a renaissance palace that hosts major temporary art exhibitions. Via Tornaboni is characterized by the concentration of high fashion boutiques belonging to designer brands such as Gucci, Salvatore Ferragamo, Enrico Coveri, Roberto Cavalli, Emilio Pucci and others; also boutiques of jewelry are here such as Damiani, Bulgari and Buccellati.

# **Quick Bites and Aperitivo**

#### Procacci

Via de' Tornabuoni, 64

Tel. 055.211656; Open daily for lunch and aperitivo (until 9pm)

Since 1885, Procacci has been serving elegant *sandwiches tartufati*, small truffle sandwiches that you may enjoy with a glass of wine. Very chic.

#### Obika'

Via de' Tornabuoni, 16

Tel. 055.2773526; Open daily for lunch, aperitivo, and dinner

This restaurant is on the ground floor of the Palazzo Tornabuoni. Their tour de force is fresh Mozzarella di Bufala along with good Tuscan cold cuts and salads and a nice wine list. Their lunch and dinner menu is the same and they have a happy hour buffet.

### Odeon Bistrò

Piazza degli Strozzi, 8r

Tel. 055.215654; Open daily for lunch, aperitivo and dinner

This bistro is a part of the Odeon Cinema (original language movie theater). Here they serve dishes with seasonal and fresh ingredients in a piazza that overlooks the renaissance Strozzi Palace.

### Lunch/Dinner

#### Trattoria Coco Lezzone

Via del Parioncino, 26r

Tel. 055.287178; Closed on Sunday and Tuesday for dinner

Very small family owned restuarant that fills the streets surrounding it with the aroma of stews and tomato sauces being prepared every day. Special Dishes: pappa al pomodoro, baccalà alla livornese, biscotti e morello

#### Ristorante II Latini

Via dei Palchetti, 6

Tel. 055.210916; Open Tuesday-Sunday for dinner. Lunch served on Saturday and Sunday. Closed on Monday The place to eat "Bistecca alla Fiorentina," rustic interior crowded with locals and you are seated at long tables with other diners. The *crostini toscani* (slices of bread with liver pate) are very good. Arrive early to get a good table.

#### **Buca Mario**

Piazza Ottaviani, 16r

Tel. 055.214179; Open daily for dinner only. Closed on sunday

In business for over a century, Buca Mario is one of Florence's most famous cellar restaurants, in the 1886 Palazzo Niccolini. While diners sit at tables beneath vaulted ceilings, waiters recommend an array of fine-textured homemade pastas, grilled stewed wild boar with polenta, and filet of lamb, followed by a selection of desserts. There's a wonderful exuberance about the place. Reservations recommended.

#### Ristorante Sabatini

Via de' Panzani, 9/a

Tel. 055.211559; Open daily for lunch and dinner.

One of the oldest and best-known restaurants in Florence. Excellent service, elegant interior, a dress-up place. Special dishes: antipasto alla Sabatini, trippa alla fiorentina, semifreddo al croccantino. Reservations suggested.

### Trattoria 13 Gobbi

Via del Porcellana, 9r

Tel. 055.284015; Open daily for lunch and dinner. On Monday open only for dinner.

A dining spot popular with both locals and tourists. The menu changes with the seasons to assure the ingredients are all fresh. Try the *rigatoni* or the *peposo di manzo*.

#### L'Osteria di Giovanni

Via del Moro, 22

Tel. 055.284897; Open every night for dinner.

Located in a very characteristic street this historical osteria serves traditional Florentine dishes. Reservations recommended.

#### **International Eats**

#### Banki Ramen

Via dei Banchi, 14R

Tel. 055213776; Open every day for lunch including Sunday. From Tuesday to Saturday also open for dinner. During the day, when the restaurant is strictly closed, Banki Ramen is one of the most famous and well-known historic bars in Florence, Bar Galli, but during lunches and dinners the place transform in a typical japanaise restaurant serving a variety of dishes, their main dish is ramen but you can taste also gyoza and yakisoba. The place is pretty small so the reservation is suggested.

#### Tijuana

Via II Prato, 57-59 R

Tel: 055 287247; Open daily for dinner, lunch served only on Saturday and Sunday

Tijuana serves typical Tex-Mex dishes such as nachos, burritos, tacos, enchiladas and much more. Vegeterian options are available and sometimes you can find live music! They have a second location in Via Ghibellina 156R.

#### Gelato

### Gelateria Caffe' Dei Fossi

Via dei Fossi, 65

#### Gelateria B. ICE

Borgo Ognissanti, 150

### Piazza San Marco

The neighborhood around Piazza San Marco, itself a busy transport hub, is home to, the Accademia, the Church and Museum of San Marco where you can see Fra' Angelico frescos inside each of the monks' living quarters, and the archeological museum of Florence. A block away is located Piazza Santissima Annunziata, the most architecturally unified square in the city. Here you can visit the Foundling Hospital designed by Brunelleschi and the church of Santissima Annunziata.

## **Quick Bites and Aperitivo**

#### Nab Firenze

Via ventisette aprile, 28

Tel. 055.475087; Open daily for breakfast, lunch and aperitivo

### Kitsch 2

Via S. Gallo, 22

Tel: 3289039289; open daily from 5.30pm for aperitivo.

### Lunch/Dinner

### Trattoria Tibero

Via delle ruote, 26r

Tel. 0553841266; Open daily for lunch and dinner. Closed on Sunday.

Trattoria Fiorentina with typical Tuscan family-run cuisine. Each dish is treated and cooked according to tradition.

### Ristorante Accademia

Piazza San Marco, 7

Tel. 055 217343; Open daily for lunch and dinner

You can find about anything here from fresh pasta and pizza to fish and meat dishes.

### **International Eats**

#### Atomic Falafel

Via Camillo Cavour, 116

Tel: 3450654318; open daily 11am-9.30pm. Closed on Monday.

Simple and intimate restaurant serving Middle Eastern street food, such as falafel and manakish. Here you can enjoy everything from falafel sandwiches to boulgour salads, accompanied by hummus. There are also traditional pizzas with zaatar (typical mountain oregano) or kibbe croquettes.

### Rosalia - Salad Gourmet

Via dei Servi, 37

Tel: 3207069331; Open daily 8am-8pm.

Rosalia is the perfect spot for a healthy lunch, dinner or snack. Here you can create your own salad choosing the freshest vegetables one by one and combining them in light and tasty dishes. They have a wide selection of seasonal, organic and zero kilometer ingredients. In addition you can find vegan street food, vegetarian and non-vegetarian dishes. To cool off there are also many fruit and vegetable extracts, juices and smoothies.

#### Gelato

**Ara:** E **Sicilia** (Sicilian) Via degli Alfani, 127r

# Piazza Libertá and near Syracuse Florence campus

Piazza della Libertà is located on the most northern apex of the old city walls. Constructed in the 19th century when the old walls were demolished to make way for the ring roads (Viali di Circonvallazione) surrounding the city, it features an original city gate (Porta San Gallo from 1285) and The Triumphal Arch of the Lorraine finished in 1744. After becoming the Italian capital in 1865 (lasting only 5 yrs), Florence's role changed and the need to resolve problems of the old urban center was quickly apparent. Under the guidance of Architect Giuseppe Poggi, Florence underwent an extensive urban renewal effort between 1865 and 1895. Along with the creation of Viale dei Colli and Piazzale Michelangelo, development of new residential districts both inside and outside the ring road occurred.

Piazza Savonarola (home to Syracuse Florence) was also created during the renewal efforts. The area was very popular in the 19th century with artists who set up many studios and workshops. These new spaces were sorely needed as between 1890 and 1915, the population of Florence grew by fifty thousand. The character of the new middle class residential areas emerges from this passage by Aldo Palazzeschi, an Italian novelist, poet, journalist, and essayist: "Two months later, I found myself on the opposite side of the city in what were - and still are - the new districts of Florence at Barriera delle Cure, known to the Florentines simply as alle Cure. Here the farmland has only recently started to be licked, violated, strewn and invaded by the new buildings. Farewell to the grand and austere mansions, the severe and magnificent architecture, the cantilever roofs, capitals and cornices. Another life, another light, a different air."

## **Quick Bites and Aperitivo**

### Deposito Bagagli Bistro

Piazza della Libertà, 29r

Tel. 055.472792; Open daily from 5pm until late.

### Fancy Pasticceria & Caffetteria

Via F. Valori, 4r

Tel. 055576763; Open Wednesday-Sunday for breakfast and light lunch.

The pastry served are French-style and of the highest quality.

### Lunch/Dinner

#### Ristorante Perseus

Viale Don Minzoni, 10r

Tel. 055.588226; Open Monday-Saturday for lunch and dinner. Closed Sundays

Delicious food in a great setting. You come here for the bistecca alla fiorentina and other roasted meats.

### Edi House

Piazza Savonarola, 8-9r

Tel. 055.588886; Open daily for lunch and dinner. Closed on Monday

A favorite among students and staff alike. They have a good selection of pizza and pastas as well as meat dishes.

#### La Farina Pizza+Grill

Viale G. La Farina, 29

Tel. 055576763; Lunch is only from Thursday to Sunday and dinner is served daily.

Great pizzas. Take out available.

### Antica Trattoria da Tito

Via San Gallo, 112r

Tel. 055.472475; Open daily for lunch and dinner.

Da Tito offers a fresh fish menu on Fridays. Favorite second courses: Polpette (meatballs), the *peposo* (peppered beef stew), and of course the *bistecca fiorentina*. Be ready to have a real Italian experience: they will not cook "medium or well done" the *Bistecca Fiorentina*!

### Trattoria Cesarino

Via Giovan Battista Niccolini, 16r

Tel. 055.2479169; Open daily for lunch and dinner

Menu changes daily at this family run trattoria a block away from Piazza d'Azeglio. You will find traditional Tuscan fare with a very friendly wait staff who treat you like you are a part of their family.

Pizzeria Spera (between piazza libertà and Statuto train station-pizza and more)

Via della Cernaia, 9r

Tel. 055.495286; Open Tuesday-Friday for lunch and dinner. Saturday and Sunday for dinner only. Closed Monday No reservations taken here. This very small pizzeria owned by Elena Spera, the world champion pizza maker, fills fast so you might want to be there as it opens at 7pm to put your name on the list. The specialty pizzas here are very delicious and creative.

### **International Eats**

#### Braumeister

Via Madonna della Tosse, 12/r

Tel: 0555000822; Open daily from 6pm.

Braumeister is a classic German pub that serves german and international food with a nice selection of craft beers. The location is particular, it was an old metal workshop transformed now into a convivial place where sometimes you can even find live music. Reservations can be made on their website and they accommodate big groups as well.

#### Rosticceria Cinese II Panda

Via Fra Bartolomeo, 58

Tel: 055 573876

"Il Panda" is a typical chinese place serving rotisserie meats and side dishes ready-made to go for fair prices.

#### Gelato

#### Gelateria Badiani

Viale dei Mille, 20

### Oltrarno (across the Arno river)

Check out the City Guide Oltrarno, an App that can be downloaded on both the Apple Store and Android Google Play Store. The guide will take you through the area known as the Oltrarno, located just beyond Ponte Vecchio. The neighborhood, deemed by Lonely Planet as one of the coolest in the world, will encompass the districts of San Frediano, Porta Romana, Santo Spirito and San Niccolò. The City of Florence, the Oltrarno Promuove 2.0 committee and the Chamber of Commerce have worked together on what has been a two-year project to promote and preserve this modern and 'hip' area also home to the many of the city's artesians. Oltrarno sites of interest include Piazzale Michelangelo, Palazzo Pitti and the Boboli gardens, Villa Bardini and its gardens, Basilica of Santo Spirito (designed by Brunelleschi) and the Brancacci Chapel of the church of Santa Maria del Carmine with its celebrated frescos by Masaccio and many more.

# **Quick Bites and Aperitivo**

#### Volume

Piazza Santo Spirito, 5r

Open daily from 5pm until late.

Located directly on the Piazza of Santo Spirito, in good weather, you can enjoy the outdoor seating. During the afternoon, it is a typical Italian café with coffee and snacks, but in the evening they have a nice aperitivo spread and sometimes live music.

### Ditta Artigianale

Via dello Sprone, 5r

Open daily 8:30am-8pm

More well known for their experimental coffee combinations, they also serve Italian and American style breakfast and in the evenings they have an aperitivo spread. The food is flavorful, and the place has a fun design too.

### Lunch/Dinner

### Osteria Cinghiale Bianco

Borgo San Jacopo, 43r

Tel 055.215706; Open daily for dinner. Lunch served only on Saturday and Sunday.

One of the best restaurants in town. Small, charming medieval interior. They offer a good selection of Tuscan red wines and interesting menu including Florentine steaks and antipasto. Friendly owner, usually two seatings for dinner. Reservations needed.

#### **Il Santo Bevitore**

Via Santo Spirito, 64/66r

Tel. 055.211264; Open daily for lunch and dinner.

Florentines and other lovers of good food flock to "The Holy Drinker" for tasty, well-priced dishes. Unpretentious white walls, dark wood furniture, and paper placemats provide the simple decor; start with the exceptional vegetables sott'olio (marinated in olive oil) or the terrina di fegatini (a creamy chicken-liver spread) before sampling any of the divine pastas, such as the fragrant spaghetti with shrimp sauce. Count yourself lucky if the extraordinary potato gratin, served in compact triangular wedges, is on the menu. The extensive wine list is well priced, and the well-informed staff is happy to explain it.

#### La Casalinga

Via Michelozzi, 94

Tel. 055.218624; Open daily for lunch and dinner. Closed Sundays

Casalinga means "housewife," and this place has the nostalgic charm of a 1950s kitchen with Tuscan comfort food to match. If you eat *ribollita* anywhere in Florence, eat it here—it couldn't be more authentic. Mediocre paintings clutter the semi paneled walls, tables are set close together, and the place is usually jammed. The menu is long, portions are plentiful, and service is prompt and friendly. For dessert, the lemon sorbet perfectly caps off the meal.

### Trattoria Quattro Leoni

Piazza della Passera/Via del'vellutini, 1r

Tel.055.218562; Open daily for lunch and dinner

Hip place to eat in Florence. The interior is funky, the menu is inventive and it's the place for the chic Florentines to dine. Reservation suggested.

### Ristorante Trattoria Angiolino - Ai 13 Arrosti

Via Santo Spirito, 36r

Tel.055.2398976; Open daily for lunch and dinner

This bustling little trattoria in the Oltrarno district is popular with locals and visitors. It has a real charcoal grill and an old wood-burning stove to keep customers warm on nippy days. The menu offers Tuscan specialties such as *ribollita* and a classic *bistecca alla fiorentina*. The bistecca can push the bill up, as you pay by weight (order one for two people).

#### LungArno23

Lungarno Torrigiani, 23

Tel. 055.2345957; Monday-Friday open for dinner only, Saturday and Sunday open for lunch and dinner This relative newcomer to Florence specializes in Chianina beef served every way imaginable. The burgers are absolutely heavenly, but this is no fast-food place. Must reserve.

### O'Munaciello

Via Maffia, 31r

Tel. 055.287198; Open daily for dinner only. Closed on Monday.

Here at this eclectically decorated Neapolotian restaurant, your delicious pizza will be cooked in the traditional wood burning stoves. On Wednesday evenings they have Neapolitan singers who entertain with traditional music. It is a very large restaurant and can accomodate many people, however reservations are highly recommonded as they have only two seating times.

### Le Barrique

Via del Leone, 40r (San Frediano)

Tel. 055.224192; Open Tuesday-Sunday for lunch, aperitivo and dinner. Closed Monday

Good mix of fish, land and vegetarian options. Try the special version of Tiramisu that uses cantucci di prato and vin santo instead of ladyfingers and espresso. They have a lovely romantic garden but in the summer, it tends to have a lot of mosquitos so bring some spray.

#### l'Pizzacchiere

Via S. Miniato 2 (San Niccolo)

Tel. 0552466332; Open from Friday to Monday (6pm-10pm)

Really delicious pizzas.

### **International Eats**

#### Santo Falafel

Via Sant'Agostino, 28r

Tel: 055 213876; Open daily from 11.30am.

Santo Falafel is a small take-away serving healthy, organic and vegan cuisine typical from Middle-est and Arabian countries. Falafel is their strenght but also pitas and babaganush are worth to try. They opened a new location also in Via De Cerchi, closer to the Duomo.

### La Cova - Tapas Bar

Sdrucciolo dei Pitti, 19R

Tel: 055 2670076; Open Wednesday-Sunday from 7pm.

This Tapas Bar offers classic spanish dishes like patatas bravas and jamon serrano. The location is very cozy with communal tables.

### Gelato

#### Gelateria della Passera

Via Toscanella, 15r

### Gelateria La Carraia

Piazza Nazario Sauro, 25r

# Fiesole (take AT bus #7- departs from Piazza San Marco)

A few kilometers away, on twin hills overlooking Florence is Fiesole, an ancient Etruscan city famed for its healthy atmosphere. Nestled above a hillside of olives and cypresses, Fiesole strikes the visitor as rich in culture. In the 14th century, it became known as the new living quarters for the wealthy and famous Florentines looking for new territory to build their villas and spectacular gardens. Here visitors can enjoy its most typical products, wine, and olive oil. Sites to see include The Archaeological Museum and Etruscan-Roman Archeological area you'll find the remains of Roman baths and the Roman theater, while in the Civic Museum you'll see many artifacts from both the Roman as well as Etruscan period. The Bandini Museum is the home of some very beautiful Florentine paintings from the 12th-14th centuries and several Della Robbia terracotta works of art. Head back toward the main square (Piazza da Mino di Fiesole) and visit the cathedral of Fiesole containing the shrine to St. Romulus, which according to legend was the first Bishop of Fiesole. Finally, make your way to the top of the hill to reach the monastery of San Francesco offering a stunning panorama of Florence 295 meters below.

### Lunch/Dinner

### La Reggia degli Etruschi

Via S. Francesco, 18

Tel. 055.59385; Open daily for dinner. Lunch served only on Saturday and Sunday.

Located on one of the most panoramic terraces of Fiesole, La Reggia degli Etruschi (once a monastery and later a tearoom) is today one of the most exclusive restaurants in the city with a breathtaking view over Florence and its monuments.

### Terrazza 45

Piazza Mino da Fiesole, 45

Tel. 055.597259; Open daily for dinner. Lunch served only on Saturday and Sunday. Closed on Tuesday.

Excellent traditional Tuscan dishes paired with superb wine selection. Wonderful views of Florence on the terrazza, when weather permits. Reservations must be made in advance.

#### Coquinarius

Via G. Mantellini, 2b

Tel. 055 597 8356; Open daily for lunch and dinner (Monday only dinner)

Fresh homemade pasta and a lot of typical Tuscan dish will be served in front of a stunning view of Florence. The atmosphere is warm and cozy.

### International Eats

#### Ristorante India

Via Antonio Gramsci, 43/A

Tel: 055599900; Open daily for dinner. Closed on Tuesday

This restaurant is among the first Indian restaurants ever opened in Italy. They have vegetarian and vegan options. The atmosphere is cozy and welcoming.

### Gelato

#### Gelateria Siciliana

Piazza Mino da Fiesole, 44

# Vegetarian and Vegan

### Il Vegetariano

Via delle Ruote, 30r (between piazza Libertá and San Lorenzo)

Tel. 055.475030; Open Tuesday-Friday for lunch and dinner. Saturday and Sunday only for dinner. Monday only for lunch.

No table service. Vegetarian and Vegan dishes that change daily. Pastas around 9euro and second courses around 10euro.

#### La Sanagola

Via Leonardo Da Vinci, 29/a-b (near piazza Libertá)

Tel. 055.571257; Open Monday-Saturday for lunch. Closed Sunday

This biological lunch spot near the Syracuse Florence campus is a local favorite. Here you can find healthy lunch options including soups, pasta, meat, and fish dishes. They also have gluten free options.

#### Quinoa

Piazza Santa Maria Maggiore, 1 (near the Duomo)

Tel. 055.290876; Open daily for lunch and dinner from Tuesday to Sunday. Open Sunday for American Brunch and Thai. The first fully gluten free restaurant in Florence. They have a few meatless options too.

### Flower Burger

Via san Gallo, 13r (near piazza Libertá)

Tel. 055.4936687; Open daily for lunch and dinner.

The menu is 100% vegan, and every single item is homemade. Buns range from the yellow color made by turmeric, to the black of the vegetable charcoal and the violet tones of the cherry and beetroot extract. The team of Flower Burger always look for new natural colorants and ingredients with the aim to amaze its customers. Soybean sprouts, tofu, chickpeas, and quinoa are our daily bread and Flower Burger knows how to combine them to make people fall in love with their explosive taste. Available for Delivery on Just eat / Deliveroo / Glovo

### L'OV l'Osteria Vegetariana

Piazza del Carmine, 4r (Oltrarno side of Florence)

Tel. 055.2052388; Closed Sunday. Open daily for dinner from 7.30-11:00pm

The restaurant that says, "why should vegetarian food be boring?" This is a charming, plant filled, and thoughtfully decorated spot in the San Frediano part of town has some of the best vegetarian and vegan dishes around. They are completely seasonal, so their menu changes weekly.

#### #RAW

Via Sant'Agostino, 11r (Oltrarno side of Florence)

Open daily for lunch and dinner. Closed on Monday.

Menu has a great variety of vegan and raw food dishes, and many drinks and desserts to satisfy every palate.

Everything they do is gluten-free, with no refined sugar, lactose and preservatives or additives. They study new recipes from around the world and produce them by enhancing the nutritional properties of each ingredient, with no cooking at all or using low temperatures. Thanks to the low temperatures it is possible to keep intact all the nutritional elements, vitamins and minerals that would be lost through traditional cooking. Even their desserts, ice creams, juices and smoothies are totally natural: they contain only fruit, cereals, nuts and seeds. No added sugars or artisanal sweeteners, no gluten and lactose

### Santo Falafel (2 locations)

Location 1: Via Sant'Agostino, 28r (Oltrarno side of Florence)

Open daily from 11:30am-midnight

Location 2: Piazza dei Cimatori, 28 (Near Piazza Signoria)

Open daily from 11am-10pm

An all-vegan, fast-food restaurant specializing in falafel. Also serves various flavors of hummus, fattoush salad, soups and other traditional Middle Eastern dishes. Also available for Delivery on Just eat / Deliveroo / Glovo

### Universo Vegano

Via Pietrapiana, 53r (Close to Santa Croce in Piazza dei Ciompi)

Open daily from 9:00am-10:00pm

Franchise vegan fast food outlet, this one est. 2015 near the Ciompi flea market. Counter service and a few seats available inside and outdoors. Offers burgers, sandwiches, salads, and other vegan food. Available for Delivery on Just eat / Deliveroo / Glovo

#### 5eCinque, Cucina Naturale Vegetariana

Piazza della Passera, 1.

Tel: 334 7421258. Open from Wednesday to Sunday 12pm-14.30pm / 7.30pm-10pm.

Vegan and vegetarian dishes prepared with seasonal and biological ingredients. The menu is short because everything is made from scratch!

## Gluten Free 'Cibo senza glutine' in Florence

#### Overview:

The Associazione Italiana Celiachia (or AIC for short) are the Italian Celiac Society. They are the Italian national organization supporting people living with Celiacs. Check out their app/website to help discover loads of gluten free places in Florence and around Italy. You will also be on the lookout with the official accredit with the AIC logo on the doors of restaurants when you're walking around Florence and hungry! AIC App available on Apple and Google Play stores which costs \$2.99 to subscribe for two weeks to their database of accredited gluten free restaurants in Italy (you can extend for another two weeks exactly once, and after



that you'll have to get in touch with a local association to subscribe). In that app, they have an interactive map where you can see certified restaurants in each area, including the user ratings.

#### COMPLETELY GLUTEN-FREE PLACES

### Star Bene Senza Glutine Pastry shop

Via Madonna della Querce, 18 (near piazza Le Cure) Tel: 055 012 5935; closed Saturday and Sunday.

Website: https://gluten-free-florence.com/

Exclusively Gluten-free. Specializing in pizza, breads and sweets.

#### Quinoa

Piazza Santa Maria Maggiore, 1 (near the Duomo)

Tel. 055.290876; Open daily for lunch and dinner from Tuesdy to Sunday. Open Sunday for American Brunch and Thai. Website: <a href="https://ristorantequinoa.it/">https://ristorantequinoa.it/</a>

Is the first 100% gluten free restaurant in Florence. That means no risk of cross-contact in the kitchen, which comes as a breath of fresh air. They were the first completely gluten-free restaurant to open in Florence and have continued to provide the celiac community with remarkable food. The menu ebbs and flows with the seasons, so it's always a fresh glance into what's growing locally in Tuscany while combining elements of oriental cuisine. They have a beautiful herb garden in their internal courtyard that supplies the kitchen with fresh herbs every day.

#### Risotteria Melotti

Via dei Servi, 65r

Tel. 055.2396188; Open daily 11am-11pm

Website: <a href="https://www.risotteriamelottifirenze.it/en/">https://www.risotteriamelottifirenze.it/en/</a>

The Melotti family has multiple locations around Italy (and even one in New York) with Florence being the newest to open. Just a few steps from the Duomo, it is the perfect place to stop for dinner after a day of sightseeing. My favorite risotto on the menu is adorned with beautiful black truffles, but keep in mind it is not available year-round. When risotto al tartufo is not on the menu, I recommend the risotto con anatra, arancia e pinoli tostati (duck, orange and toasted pine nuts). Risotteria Melotti is also 100 per cent gluten-free, so there is no concern of cross-contact.

#### Sgrano

Via dei Neri, 49r

Tel. 055 219934; Open daily from noon-10:30pm

Website: <a href="https://www.sgranoglutenfree.it/">https://www.sgranoglutenfree.it/</a>

All'Antico Vinaio might be the sandwich shop with the longest lines, but Sgrano is just a few doors down and does practically the same thing, but completely gluten-free. After all the trouble we regularly face to find safe food, it is a liberating experience to walk past a line of people and grab a gluten-free sandwich without any inconvenience. The *schiacciata* is a Tuscan classic, a sandwich made with different filling options (typically cheeses and meats) between two pieces of focaccia.

### L'Areperia

Via della Mosca, 1r (by the Arno near the Galileo museum)

Tel. 055.217358; Open Tuesday-Sunday for lunch (noon-3pm) and dinner (7pm-10pm)

Website: <a href="https://lareperia-venezuelan-restaurant.business.site/">https://lareperia-venezuelan-restaurant.business.site/</a>?utm\_source=gmb&utm\_medium=referral

Venezuelan restaurant with a full gluten-free menu including stuffed arepas, rice dishes & desserts

#### OTHER PLACES OFFERING GLUTEN-FREE OPTIONS

#### La Sanagola

Via Leonardo Da Vinci, 29/a-b (near piazza Libertá)

Tel. 055.571257;. Open Monday-Saturday for lunch. Closed Sunday

Website: http://lasanagolafirenze.it/

This biological lunch spot near the Syracuse Florence campus is a local favorite. Here you can find healthy lunch options including soups, pasta, meat, and fish dishes. They also have gluten free options (not entirely gluten free restaurant).

### Flower Burger

Via san Gallo, 13r (near piazza Libertá)

Tel. 055.4936687; Open daily for lunch 12-2.30pm and dinner 7-10:30pm

Website: <a href="https://www.flowerburger.it/">https://www.flowerburger.it/</a>

The menu is 100% vegan, and every single item is homemade. Buns range from the yellow color made by turmeric, to the black of the vegetable charcoal and the violet tones of the cherry and beetroot extract. The team of Flower Burger always look for new natural colorants and ingredients with the aim to amaze its customers. Soybean sprouts, tofu, chickpeas, and quinoa are our daily bread and Flower Burger knows how to combine them to make people fall in love with their explosive taste. Gluten-free buns may be available. Available for Delivery on Just eat / Deliveroo / Glovo

### L'OV l'Osteria Vegetariana

Piazza del Carmine, 4r (Oltrarno side of Florence)

Tel. 055.2052388; Closed Sunday. Open daily for dinner 7.30-11:00pm.

Website: http://www.osteriavegetariana.it/

This is a charming, plant filled, and thoughtfully decorated spot in the San Frediano part of town has some of the best vegetarian and vegan dishes around. They are completely seasonal, so their menu changes weekly. Whilst it's focus is on being vegetarian with lots of vegan options as well, it pays special attention to detail on gluten free too. 'But the OV is for everyone above all because its menu has dishes that can be eaten by everyone, vegetarians, vegans, celiacs or gluten intolerant. No difference at the table, same taste.'

#### #RAW

Via Sant'Agostino, 11r (Oltrarno side of Florence) Open daily for lunch and dinner. Closed on Monday.

Website: https://rawveganfirenze.com/

Menu has a great variety of vegan and raw food dishes, and many drinks and desserts to satisfy every palate. Everything they do is gluten-free, with no refined sugar, lactose and preservatives or additives. They study new recipes from around the world and produce them by enhancing the nutritional properties of each ingredient, with no cooking at all or using low temperatures. Thanks to the low temperatures it is possible to keep intact all the nutritional elements, vitamins and minerals that would be lost through traditional cooking. Even their desserts, ice creams, juices and smoothies are totally natural: they contain only fruit, cereals, nuts and seeds. No added sugars or artisanal sweeteners, no gluten and lactose

### Santo Falafel (2 locations)

Location 1: Via Sant'Agostino, 28r (Oltrarno side of Florence)

Open daily from 11:30am-midnight

Location 2: Piazza dei Cimatori, 28 (Near Piazza Signoria)

Open daily from 11am-10pm

Website: https://www.facebook.com/santofalafel/

An all-vegan, fast-food restaurant specializing in falafel. Also serves various flavors of hummus, fattoush salad, soups and other traditional Middle Eastern dishes. Many menu items are gluten- free (but not all). Also available for Delivery on Just eat / Deliveroo / Glovo

### Universo Vegano

Via Pietrapiana, 53r (Close to Santa Croce in Piazza dei Ciompi)

Open daily from 9:00am-10:00pm

Website: <a href="https://www.universoveganofirenze.it/">https://www.universoveganofirenze.it/</a>

Franchise vegan fast food outlet, this one est. 2015. Counter service and a few seats available inside and outdoors. Offers burgers, sandwiches, salads, and other vegan food. Available for Delivery on Just eat / Deliveroo / Glovo

#### Trattoria da Garibardi

Piazza del Mercato Centrale, 38r (Outside Mercato Centrale)

Tel. 055. 212267; Open daily 11am-11pm

Website: https://garibardi.it/

If you want to experience high-quality, authentic Tuscan cuisine, Trattoria Garibardi is the place to go. They have the beloved stamp of approval from the AIC (Associazione Italiana Celiachia) and a separate but equally incredible menu for gluten-free diners. Everything on their gluten-free menu is fantastic but it is highly recommended to try the polpettine della nonna Tina (Grandma Tina's meatballs) and ficattole, crudo e stracchino (fried pizza dough with ham and stracchino cheese).

#### Ciro and Sons

Via del Giglio, 28/r (Close to Mercato Centrale)

Tel. 055 289694; Open daily for lunch (12:00-3:00pm) and dinner (6pm-10:30pm). Closed on Sunday.

Website: https://www.ciroandsons.com/

They are proud to be the first restaurant to offer gluten-free and lactose-free menu options in Florence. Past students raved about their pizza. As a part of the Associazione Verace Pizza Napoletana, they are the best place to get a Neapolitan style gluten-free pizza that will not disappoint. This charming restaurant is family run and you will feel like a part of the family by the time you finish your margherita pizza. The commitment to their Neapolitan roots and culinary traditions is apparent in both the food and their ability to make you feel at home. It's like a little piece of Naples in the heart of Florence.

## Florence Hotel Guide (by neighborhood)

Note: All phone numbers are listed are local (Italian) numbers and if calling from outside of Italy the country code +39 will need to be added. In Florence, there is a per night city tax that must be paid in cash or by card at checkout.

The city tax is on a sliding scale based on the level of star.

### **Near Syracuse University Florence campus**

#### Hotel Della Robbia \*\*\*

Via dei della Robbia, 7/9

Tel. 055-2638570

www.hoteldellarobbia.it/

Friendliest staff around only about four blocks from the Syracuse University in Florence campus. Decorated in the style of the 1920s, this hotel is wheelchair accessible and well lighted. There are 14 rooms all with private bathrooms.

#### Hotel Masaccio \*

Via Masaccio, 228

Tel. 055-578153

www.hotelmasaccio.net/

Nine comfortably furnished rooms with bathrooms. All rooms have television and telephones. One block from the Syracuse University in Florence campus.

### Hotel Loggiato Dei Serviti \*\*\*

Piazza SS. Annunziata, 3

Tel. 055.289592

http://www.loggiatodeiservitihotel.it/

This upscale hotel in a 16th-century structure offers elegant rooms with period furniture, free Wi-Fi, flat-screen TVs with satellite channels, and desks. They also come with minibars, and room service is available. Suites have living areas with sofas and exposed beam ceilings. Some rooms with a view of the Duomo.

#### Hotel Giglio \*\*\*

Via Cavour, 85

Tel. 055-486621

#### www.hotelgiglio.fi.it

Located in the heart of Florence in an elegant 19th century building, this newly renovated hotel offers comfort, style and warmth and is located just a few blocks away from the Syracuse University in Florence campus. Furnished in the classical Florentine style of the late 1800s all rooms have bathrooms, air conditioning, telephone, satellite TV, and safe/deposit boxes.

### Soggiorno Michelangelo \*\*\*

Via Fra Bartolomeo, 24

Tel. 055-5048268

### www.soggiorno-michelangelo.it/

A recently renovated pensione near the Syracuse University in Florence campus. There are only 6 rooms all with private bathrooms.

#### Hotel Cimabue \*\*\*

Via Bonifacio Lupi, 7

Tel. 055-475601

#### www.hotelcimabue.it

A recently refurbished hotel housed in a late-18th Century palazzo. Located in quiet neighborhood about three blocks from Piazza San Marco. Rooms are elegantly furnished in the Liberty style (upgraded rooms have frescoed ceilings!), free Wi-Fi and flat-screen TVs.

### **Historic Center of Florence (Centro)**

### **Grand Hotel Cavour \*\*\*\***

Via Proconsolo, 3 Tel: 055-266271

#### www.albergocavour.it/en/

Set in a building dating back to 1280, this posh 100 room hotel is a block from art at the Bargello National Museum. Polished rooms and suites come with free Wi-Fi, flat-screen TVs and minibars. Upgraded rooms offer city views. Room service is available. Amenities include a refined restaurant, a wine bar and a rooftop bar with cathedral views. The hotel also has a fitness room.

### Hotel Baglioni \*\*\*\*

Piazza Unità Italiana, 6

Tel: 055-23580

### http://www.hotelbaglioni.it/

Dating from 1903, this high-end hotel is across the block from the Santa Maria Novella train station.

The refined rooms and suites feature free Wi-Fi, flat-screen TVs, minibars and desks. Upgraded rooms add private patios, plus tea and coffee making equipment; suites add separate living rooms. There is a rooftop garden/bar that has a spectacular view over the city.

### Hotel Monna Lisa \*\*\*\*

Borgo Pinti, 27

Tel: 055-2479751

#### www.monnalisa.it/

In the historical center of Florence, the 45 rooms, all completely different from each other in terms of space and furnishings (decorated in antiques, fine art and ornate period details). All have feature Wi-Fi (fee), flat-screens and minibars. Some rooms have balconies overlooking the garden. Upgraded rooms and suites add Jacuzzis, sitting rooms and fireplaces.

### Le Stanze di Santa Croce (Bed and Breakfast)

Via delle Pinzochere, 6

Tel. 055-2001366

#### www.lestanzedisantacroce.com/it/

This charming property is located near the Church of Santa Croce and has only 4 rooms all with private bathroom, telephone and air conditioning. Distinctive features include canopy beds, stained-glass lamps and skylights. Breakfast (included), served on the garden terrace, includes only natural products: home-made jams and honey and a large selection of breads, cheeses and Tuscan salami.

### Hotel Guelfo Bianco \*\*\*

Via Cavour, 29

Tel. 055-288330

#### www.ilguelfobianco.it/

The hotel is housed in late 15th Century palazzo that was restored in 1994. The hotel has a total of 29 rooms. Featuring eclectic and rustic decor, the individually decorated rooms are furnished with antique furniture and modern artwork, plus free Wi-Fi, flat-screen TVs and sitting areas. Upgraded rooms add sofas, while suites have additional bedrooms and bathrooms, plus living rooms, kitchenettes and washers.

#### Porta Rossa \*\*\*\*

Via Porta Rossa, 19

Tel: 055-287551

### https://www.nh-hotels.it/hotel/nh-collection-firenze-porta-rossa

This upscale classic hotel set in a former 13th century tower is only 5 minutes from Ponte Vecchio.

The elegant rooms mix period details with contemporary furnishings (some have ancient frescoes) and offer free Wi-

Fi, flat-screen TVs with satellite/international channels as well as minibars. They also come with tea/coffeemakers and desks. Upgraded rooms add sitting areas with sofas.

### Hotel Brunelleschi \*\*\*\*

Piazza. Sant' Elisabetta 055-290311

#### www.hotelbrunelleschi.it

A historical landmark building combining a Byzantine tower of Pagliazza and the medieval Church San Michele in Palchetto. The hotel features a private museum displaying the architectural remains of original Roman baths and various medieval ceramics. Pagliazza Tower Suite: Feel like you are sleeping in a medieval tower with the Hotel's Tower Suite that offers breathtaking views of the Duomo and Giotto's bell tower. This luxury hotel is a 1-minute walk from Florence Cathedral. The upscale rooms feature oak parquet floors, free Wi-Fi and flat-screen TVs, plus room service and minibars. They also offer scenic views. Upgraded rooms have 4-poster beds, tea and coffee making equipment and iPod docks. Suites offer Nespresso machines, Jacuzzis, and welcome trays with refreshments. One of the two restaurants has terrace dining.

#### Hotel Benivieni \*\*\*

Via delle Oche, 5 055-2382133

#### www.hotelbenivieni.it

Set in the elegantly restored home of a 15th-century poet, this relaxed hotel is a 1-minute walk from Florence Cathedral. The bright, simple rooms feature wood floors and desks, as well as flat-screen TVs and free Wi-Fi. Family rooms with additional beds are available.

#### Hotel Pendini \*\*\*

Via Strozzi, 2 Tel. 055-211170

#### www.hotelpendini.it/

The hotel Pendini built in 1876 offers the intimate and pleasant atmosphere of a private residence. Located right off Piazza della Reppublica, this hotel has charming, old-world rooms that offer free Wi-Fi and satellite TV, as well as antique furnishings.

### Residenza Sangallo (vacation apartments)

Via San Gallo, 28 Tel. 055-490760

#### www.residenzasangallo.com/

This "hotel" offers 5 beautifully furnished apartments that have been recently renovated and sleep between 1 and 4 people. The residence is centrally located and all apartments are equipped with kitchen facilities, air conditioning, and satellite TV. Some have balconies overlooking the major monuments of Florence.

### Hotel Tornabuoni by Hyatt\*\*\*\*\*

Via Tornabuoni, 3 Tel. 055-212645

#### https://www.hyatt.com/en-US/hotel/italy/il-tornabuoni/flrub

Fabulous location for a fabulous hotel! Located on Via Tornabuoni, in Florence's posh shopping area, this hotel is one of the best deals in the city. The polished rooms and suites are all individually decorated with period furniture and offer free Wi-Fi, satellite TV and minibars. Some feature original beamed ceilings, chandeliers and/or magnificent frescoes, and suites add separate living areas. Room service is available. Breakfast is served in the rooftop garden, which has wonderful views of the city, or in the formal restaurant. There's also a bar and an elegant library.

### Hotel Alessandra \*\*

Borgo Ss. Apostoli, 17

Tel. 055-283438

#### www.hotelalessandra.com

Set in a Florentine-style building dating from 1507, this elegant, family-run hotel is in the heart of Florence. Only a 4-minute walk from the Uffizi Gallery and the Palazzo Vecchio. The modern rooms and suites, with antique furniture, luxe linens and parquet floors, feature either en-suite or adjacent bathrooms, plus free Wi-Fi. Upgraded rooms add flat-screen TVs, minibars and river views, while suites have terraces and living rooms.

### Locanda de' Ciompi \*\*

Via Pietrapiana, 28

Tel. 055-2638034

### https://locandadeciompi.it/

An antique cozy bed and breakfast inn situated in the Sant' Ambrosio/Santa Croce neighborhood. Five bedrooms all with private bathrooms, TV/Satellite, Internet/WI-FI, mini-bar, air-conditioning centralized/heating, hairdryer and soundproof windows.

### Hotel Executive \*\*\*\*

Via Curtatone, 5 Tel: 055-217451

#### www.hotelexecutiveflorence.com/

Occupying a former royal residence built in the 16th century, this polished hotel is located between the Santa Maria Novella train station and the Arno river. The traditionally furnished, warmly decorated rooms and suites feature smart TVs and free Wi-Fi, plus minibars. Some offer balconies, while upgraded rooms add marble bathrooms and antique furniture. The 2 suites have living rooms, with 1 offering an 18th-century ceiling fresco. Additional amenities include a cocktail lounge and a reading room.

### Oltrarno (Across the Arno river)

### Sopr'arno Suites (guest house) \*\*\*\*

Via Maggio, 35

Tel. 055-0468718

#### www.soprarnosuites.com/

Boutique guest house located in the artistic Oltrarno district is only a 5-minute walk from the Ponte Vecchio bridge. It offers free WiFi and 13 elegant individually designed spacious rooms. Each air-conditioned room at the Soprarno will provide you with a TV, kettles, parquet or terracotta flooring and high ceilings.

### Ad'astra (bed and breakfast) \*\*\*

Via del Campuccio, 53 Tel: 055-0750602

### www.adastraflorence.com/

Ad astra is a Latin phrase meaning "to the stars" and this bed and breakfast treats you like one. It overlooks the largest private garden in Europe, with the fragrance of flowers and plants and a blissful quiet in the air. Ad Astra occupies the first floor of the ancestral family mansion, where the main rooms and the splendid salon are surrounded by a magnificent terrace of 270 square metres overlooking the garden. Each of the 14 rooms has a different look and feel, each personalized in its own way. The furnishings throughout combine original Italian design pieces from the '50s, '60s and '70s with touches of Florentine tradition flavored with elements from distant travels, lighting and objects produced by local artisans and craftsmen, alongside a sprinkling of Anglo-American pop.

#### Hotel Relais II Cestello \*\*\*

Piazza di Cestello 9 Tel: 055-280632

### www.hotelrelaisilcestello.com/

The cozy rooms are decorated with tapestries and handcrafted furniture. They are equipped with free Wi-Fi, satellite flat-screens and minibars. Room service is available. The free breakfast buffet is served in the fashionable breakfast hall. There's also a bar and a sitting room.

La Scaletta \*\*\*

Via Guicciardini, 13 Tel: 055-283028

#### www.lascaletta.com

For a tremendous view of the Boboli Gardens, look no further than this exquisite pensione near the Ponte Vecchio and Palazzo Pitti. Simply furnished yet rather large rooms and a sunny breakfast room make this place cozy. The unpretentious rooms feature parquet floors and come with free Wi-Fi, flat-screen TVs and minibars, as well as tea and coffeemaking facilities. Selected upgraded rooms have modern styling, iPod docks and lounge areas, while suites add whirlpool tubs and some have frescoed ceilings, 4-poster beds and Juliet balconies. In warm weather two flower-bedecked terraces are open; one has a stunning 360-degree view of Florence and provides a perfect spot to sip a glass of wine. During the warmer months, dinner can be had on that panoramic terrace, and you don't even have to be a guest. A breakfast buffet and welcome cocktail are complimentary.

Palazzo Guadagni \*\*\*

Piazza Santo Spirito, 9

Tel: 055-2658376

www.palazzoguadagni.com/

Located right in the main piazza of the Oltrarno, Piazza Santo Spirito, this hotel offers elegant rooms with antique furnishings and desks, plus TVs, minibars and free Wi-Fi. Some have balconies or terraces, and/or fireplaces, frescoed ceilings and cathedral views. Some quarters are stair-access only. Room service is available. A breakfast buffet is complimentary and is served in a posh cocktail bar with a grand, rooftop terrace offering city views.

### Survival Italian -- Spoken Italian and Basic Patterns

### 1. GREETINGS

Buon giorno! Good morning!; Hello! (until 2pm) Buona sera! Good evening!; Hello! (after 2pm)

**MODI DI SALUTARE** 

**MODELLI COMUNICATIVI** 

ESPRESSIONI DI CORTESIA

Good Night Buona notte!

Hello! Good-bye (informal) Ciao! Come stai? How are you (informal) Come sta? How are you (formal) How are you (informal) Come va?

Bene, grazie Fine, thank you Molto bene, grazie Very well, thank you Così, così! Abbastanza bene!/ Non c'è male! Quite well, thank you!

Male/Molto male Bad/Very bad.

Arriverderci Good-bye. See you later (informal) Good-bye. See you later (formal) ArriverderLa

See you later! A più tardi/a dopo/Ci vediamo! See you soon! A presto A domani Until tomorrow!

### **SAMPLE PATTERNS:**

Buon giorno, signore. Come sta? Good morning, Sir. How are you? (formal)

Bene grazie. E Lei? Fine, thank you. And yourself? (formal)

Come sta la Sua (tua) famiglia? How is your family? Stabene, grazie. Fine, thank you.

Come stanno i Suoi (i tuoi) in America? How is your family back home? Stanno tutti bene, grazie. They are all fine, thank you.

### 2. POLITE EXPRESSIONS

Please Per favore Please Per piacere Per cortesia Please Grazie Thank you

Grazie mille; tante grazie Thank you very much Prego/di niente/non c'è di che! You are welcome Scusi; mi scusi Excuse me (formal) Excuse me (informal)

Scusami Mi fa piacere I am glad Mi dispiace I am sorry Mi fa tanto piacere I am so glad Mi dispiace tanto I am so sorry

### 3. GETTINGACQUAINTED

# **FARE CONOSCENZA**

Lei come si chiama? What is your name? (formal) Come ti chiami? What is your name? (informal) My name is alice, John... Mi chiamo Alice, John.. Quanti anni hai? How old are you? (informal)

Ho venti anni. I am 20 years old.

I am an American student. (female) Sono una studentessa americana.

Sono uno studente americano.

Dove abiti?

Dov'è nato/nata?

Dove sei nato/nata?

Sono nato/nata a New York.

ma abito a Boston.

#### 4. GOING PLACES

Dove va? Dove vai? Vado a casa. Vado a lezione.

Vado in centro.

Vado in Piazza Savonarola

Vado all'università Vado in biblioteca. Vado al cinema. Vado al teatro.

Vado al ristorante/in trattoria

Vado al bar Vado in palestra

Vao al mercato/supermercato Vado in campagna/al mare/al lago Vado al cinema con un amico

o un amica.

#### 5. FEELINGS

Stai bene?

Si, sto bene, grazie. Oggi non mi sento bene.

Ho il raffreddore.
Ho mal di testa.
Ho mal di stomaco
Ho mal di denti
Ho freddo.
Ho fame.
Ho sete.

Sono stanco/stanca Vorrei andare a letto

Ho sonno.

Sono molto stanco/stanca.

### 6. DAYS OF THE WEEK

Lunedì, martedì, mercoledì, giovedì,

venerdi, sabato, domenica

Oggi è martedì. Domani è sabato.

Il giovedì non ho lezione.

I am an American student. (male)

Where do you live?

Where were you born? (formal) Where were you born? (informal)

I was born in New York But I live in Boston.

#### ANDARE IN POSTI DIFFERENTI

Where are you going? (formal)
Where are you going? (informal)

I'm going home. I'm going to class. I'm going downtown.

I'm going to Piazza Savonarola
I'm going to the university
I'm going to the library.
I'm going to the movies.
I'm going to the theater.
I'm going to the restaurant

I'm going to the bar I'm going to the gym

I'm going to the market/ the supermarket I'm going to the countryside/beach/lake I am going to the movies with a friend (male)

or friend (female).

#### **ESPRIMERE SENTIMENTI**

How do you feel? (informal)

I am fine, thanks.
I don't feel well today.

I have a cold.
I have a headache.
I have a stomachache
I have a toothache

I am cold.
I am hungry
I am thirsty
I am sleepy
I am tired.

I would like to go to bed because

I am very tired.

#### I GIORNI DELLASETTIMANA

Monday, Tuesday, Wednesday, Thursday,

Friday, Saturday, Sunday

Today is Tuesday.
Tomorrow is Saturday.

I don't have classes Thursday.

### 7. THE MONTHS

**I MESI** 

gennaio, febbraio, marzo, aprile January, February, March, April maggio, guigno, luglio, agosto, May, June, July, August,

settembre, ottobre, novembre, September, October, November

dicembre December

I am going home in May. A/in maggio ritorno in America.

Il programma finisce alle fine di The program ends at the end of April.

#### 8. THE NUMBERS

INUMERI

1-20 uno, due, tre, quattro, cinque, sei, sette, otto, nove, dieci, undici,

dodici, tredici, quattordici, quindici, sedici, diciasette, diciotto,

diciannove, venti.

20-30 venti, ventuno, ventidue, ventitrè

ventiquattro, venticinque, ventisei, ventisette, ventotto,

ventinove, trenta.

40, 50, 60, 70 quaranta, cinquanta, sessanta, settanta

80, 90, 100 ottanta, novanta, cento

1.000 mille 2.000 duemila 3.000, etc. tremila, etc. 10.000 diecimila 20.000 ventimila 30.000, etc. trentamila, etc. one million un milione

9. DATES

**LADATA** 

Che giorno è oggi? What day (of the week) is today?

Oggi è mercoledì. Today is Wednesday. Quanti ne abbiamo oggi? What is today's date? Oggi è il tredici gennaio. Today is January 13th.

### 10. TIME EXPRESSIONS

### **ESPRESSIONI DI TEMPO**

È presto. It's early. È tardi. It's late. È troppo presto. It's too early. È troppo tardi. It's too late.

È l'ora di andare a casa/a scuola/a letto It's time to go home/to school/to bed

È l'ora di mangiare. It's time to eat.

**TELLING THE TIME** 

DIRE L'ORA Che ora sono? What time is it? Che ora è? What time is it? È l'una. It's one o'clock.

Sono le due, tre, etc. It's two o'clock, three o'clock, etc.

Sono le cinque e un quarto. It's 5:15 It's 6:30 Sono le sei e mezzo. Sono le sette e quaranta. It's 7:40

Sono le otto meno dieci.

È mezzogiorno/mezzonotte.

A che orasi sveglia? A che orati svegli?

Mi sveglio alle sette.

A che ora fai colazione?

A che ora cominciano/finiscono le lezioni?

A che ora pranzi/ceni? A che ora esci la sera? A che ora parte il treno?

11. ATTHE TABLE

# **ATAVOLA**

It's 7:50

It's noon/midnight

I get up at seven.

What time do you get up? (formal)

What time do you have breakfast?

What time do you have dinner?

What time do you go out at night?

What time do your classes start/finish?

What time do you get up? (informal)

Vorrei un bicchiere d'acqua.

Mi passa il sale? (il pepe, il pane, l'olio, l'aceto)

Vuoi ancora una fetta di carne/pasta/pane?

Si, grazie.

No, grazie; basta così. Vorrei ancora un pò di riso

(pasta, verdua, ecc)

Posso aiutarLa (aiutarti) ad apparecchiare (sparecchiare)?

Posso aiutarLa (aiutarti) a lavare i piatti?

Prendi molto zucchero nel caffe?

Quanti cucchiaini di zucchero metti nel caffe?

Tre, grazie, mi piace dolce Niente, grazie, mi piace amaro I would like a glass of water.

When does the train leave?

Can you pass me the salt? (the pepper,

bread, oil, vinegar)

Would you like another piece of meat/more pasta/more bread?

Yes, thank you.

I have had enough, thank you. I would like some more rice (pasta, vegetables, etc.) May I help you set (clear)

the table?

May I help to do the dishes?

Do you take a lot of sugar in your coffee?

How many teaspoons do you want in your coffee?

Three, thank you, I like it sweet None, thank you, I like it bitter

#### 12. ATTHE TOBACCO SHOP

Mi dà un biglietto per l'autobus, per favore?

Vorrei un pacchetto di sigarette, per favore?

favore.

Vorrei dei fiammiferi.

Vorrei quattro francobolli per gli Stati Uniti.

Quant'è?

Vorrei un francobolli da ottantacinque centesimi.

Quanto costa una cartolina?

### **DAL TABACCAIO**

May I have a bus ticket, please?

May I have a pack of cigarettes, please? E un accendino, per

And a lighter, please.

I would like a pack of matches. I would like four stamps for the US.

How much is it?

I would like a 0,85 euro cents stamp.

How much is a postcard?

### 13. ATTHE BAR

Un caffè, per favore.

Un cappuccino, per favore. Un caffè macchiato, per favore Un caffè americano, per favore.

Un bicchiere d'acqua minerale (naturale o gassata)

Vorrei una spremuta d'arancia.

Vorrei un succo d'arancia.

#### **AL BAR**

An espresso, please.

A cappuccino, please.

An espresso with milk, please An american coffee, please A glass of mineral water (natural or with carbonation) I would like a glass of orange juice. (from fresh squeezed oranges)

I would like a glass of orange juice.

(from a can/carton) Please pay at the cashier.

Si paga alla cassa.

### 14. ATTHE MONEY EXCHANGE

A CAMBIO VALUTA

Vorrei cambiare questi dollari, per favore.

Ha una carta d'identità? Si, ecco il mio passaporto.

Qual è il cambio ufficiale del dollaro?

I would like to change these dollars, please.

Do you have an I.D.? Yes, here is my passport.

What is the official rate of exchange for the dollar?

#### 15. ATTHE POST OFFICE

Vorrei fare una raccomandata. Si rivolga allo sportello numero...

Vorrei spedire questo pacco in America.

Posso avere dei francobolli?

**ALLA POSTA** 

I would like to send a registered letter. Please go to the window number...

I would like to send this parcel to the States.

May I have some stamps?

### 16. MAKING A CALL

Vorrei fare una telefonata. (urbana, interurbana)

Pronto.

Vorrei parlare con la signora/il signore

Il telefono è occupato/libero.

La linea è guasta.

Scusi, ho sbagliato numero. Qual è il prefisso per Roma?

#### **TELEFONARE**

I would like to make a call (local, long distance)

Hello

I would like to speak to Mrs/Mr..

The line is busy/free.
The phone is out of order.

Sorry, I dialed the wrong number. What is the area code for Rome?

### 17. ATTHE RAILROAD STATION

**ALLASTAZIONE** 

Vorrei un biglietto di seconda classe per....solo andata.

Vorrei un biglietto di andata e

ritorno per...

Da quale binario parte il treno

per....?

Il treno da...ha un ritardo di

venti minuti.

Il treno per....è in partenza

dal binario nove.

Dov'è il deposito bagagli?

I would like to buy a one-way second

class ticket for ....

I would like a round trip ticket

for....

What track is the train for...

leaving from?

The train from....is 20 minutes

late.

The train for .... is leaving from

track number nine.

Where can I check my luggage?

Italian Trains: INTERCITY or REGIONALE

RAPIDO (Le Frecce) DIRETTO ESPRESSO

#### 18. ASKING FOR DIRECTIONS

### CHIEDERE INDICAZIONI STRADALI

Scusi, per andare al Duomo?
Sempre dirito/ la prima a destra/

la seconda a sinistra/ il primo semaforo a destra. Dov'è Piazza della Repubblica? Dov'è la fermata dell'autobus?

Dovie la lerrilata dell'autobus: Per favore, quale autobus porta

Per favore, quale autobus porta alla Biblioteca Nazionale?

Can you tell me how to get to the Duomo? Straight ahead/ first street on the right/

turn left at the second street/ turn right at the first stoplight Where is Piazza della Repubblica?

Where is the bus stop?

Can you tell me which bus I should take

for the National Library?

#### 19. CHECKING INTO A HOTEL

Sono....ho prenotato

una camera per telefono da Firenze.

Avete una camera a due letti per

una notte? Per due notti?

Quant'è una camera singola con

bagno? Senza bagno? A che piano è il numero...?

La sua camera è al secondo piano.

Dov'è l'ascensore? Pensione completa. Mezza pensione. Alta stagione Bassa stagione

#### 20. IN ASHOE STORE

Vorrei un paio di scarpe di pelle

(a tacco alto/a tacco basso)

Vorrei un paio di stivali di camoscio.

Che numero porta?

Trentasette.

Sono strette/sono larghe.

Posso provare il numero più grande/

più piccolo?

Queste mi vanno bene. Le compro.

Quanto costano?

#### 21. IN ACLOTHING STORE

Vorrei provarmi quel vestito.

(golf, gonna, cappotto, paio di pantaloni)

Che taglia porta?

È stretto. (corto, largo, lungo) Ha lo stesso modello in un altro

colore?

#### **INALBERGO**

I am....I have reserved a

room by phone from Florence.

Do you have a room with double beds

for one night? For two nights?

How much is a single room with

bathroom? Without a bathroom?

Which floor is room number. ..... on?

Your room is on the second floor.

Where is the elevator?

Room and two meals.

Room and one meal.

High season

Low season

#### IN UN NEGOZIO DI CALZATURE

I would like a pair of leather shoes.

(high heels/low heels)

I would like a pair of suede boots.

What size do you wear?

Size 37.

They're small/they're large.

May I try a larger size/

smaller size?

These fit well. I'll take them.

How much do they cost?

#### **ABBIGLIAMENTO**

I would like to try on that dress.

(sweater, skirt, coat, pair of pants)

What size do you wear?

It's tight. (short, large, long)

Do you have the same style in another

color?

Italian clothing sizes: 40-42(6-8) 44-46(8-10) 48-50(10-12) 52+(14+)

Colors: bianco (white); nero (black); grigio (gray); rosso (red); verde (green); Giallo (yellow); rosa (pink); viola

(purple); marrone (brown)