

# Life in Madrid

By: Emma Tangeman



# Where to go between classes?

- Good News Coffee
  - 15 minute walk from the Institute
  - Iced coffee/beverages
- Mercadona
  - Right across the street from the Institute
  - Variety of quick microwavable meals
- Restaurante Tyché
  - A block away from the institute
  - Has coffee, churros, and sandwiches
    - My friends and I favorite sandwich was from this place!



# Where to shop?

- Malasaña
  - Variety of vintage thrift stores
- Sol
  - Zara, Pull and Bear, Mango, Primark, Bershka, El Corte Inglés
- El Rastro
  - Flea Market every sunday morning
  - Variety of items





# Where to go for a nice dinner?

- Bel Mondo
- HER
- China Crown
- Circolo Popolare
- Casa Salesas
- 10 Con 10



# Where to go for lunch/quick dinner?

- TKO Taco
  - 1-3 Euro Tacos
- Honest greens
- Puro Gusto
  - Focaccia Sandwiches
- Tierra De Burritos
  - Chipotle Dupe
- Pink's!!
  - Smashburgers



# Where to go for dessert?

- Myka
- Chocolatería San Ginés
- Motteau Pasteleria





# What to do on a nice day?

- Retiro park
- Palace Gardens
- Walk around Sol/Goya
- Plaza Mayor



# What to do inside?

- Atlético de Madrid Game/Real Madrid Game
- Tour of Royal Palace
- Flamenco Show
- Art museums
  - Prado
  - Thyssen
  - Reina Sofia





# What apps should you download?

- Skyscanner
  - Makes it easy to find cheap flights
- Omio/Trainline
  - Great for finding trains and buses
- Bolt
  - Alternative to uber, usually has cheaper options
- Glovo
  - Spain version of ubereats/grubhub
- Get your guide
  - Great for finding activities while traveling



# Where should you Travel?

- My favorite places:
  - Amsterdam, Netherlands
  - Marrakech, Morocco
  - Malaga, Spain
- Travel Around Spain!
  - Sevilla
  - Toledo
  - Granada
  - Barcelona



# Tips and Recommendations

- GO ON THE SEMINAR!
  - The best 10 days ever!
  - Great way to meet people before the semester starts!
- Budget
  - Plan a budget and stick to it!
- Stay in madrid for a couple weekends!
  - Allows you to do things that you normally wouldn't do during the week.
  - Rest time.
  - Can take day trips to cities nearby!
- Get souvenirs everywhere!
  - postcards/keychains/magnets

