

## A little info before recommendations...

This presentation was put together in Fall of 2025, from a student who studied abroad in Strasbourg in Spring 2025. Please note that some of the locations and activities listed throughout the presentation may or may not be available, or changed. Also, I was a student studying abroad with food allergies! Keep this in mind in case you are someone who is looking for places to eat that have food accommodated meals and items... Do not hesitate to reach out for more recommendations and talk with Strasbourg faculty! I have many more that are not listed in this presentation. Contact me at:

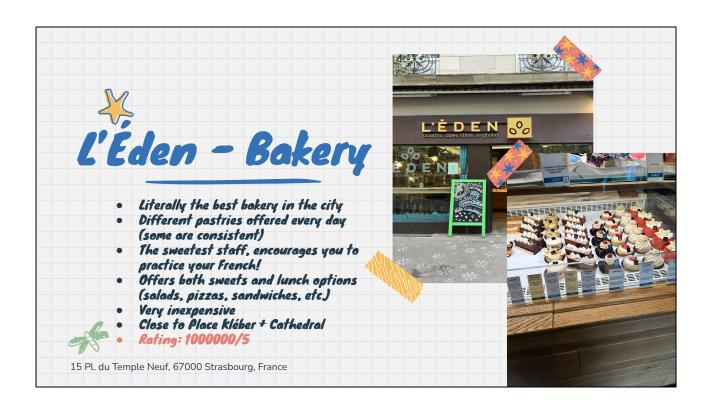
| mrwruble@syr.edu for further information.

Nonetheless, I hope this spread is able to provide some pointers and insight on some things to look forward to throughout your time in Strasbourg! The city has so much to offer, and not a day goes by where I don't reminisce on the experiences I had with myself, other members of my cohort, and faculty. Enjoy:)





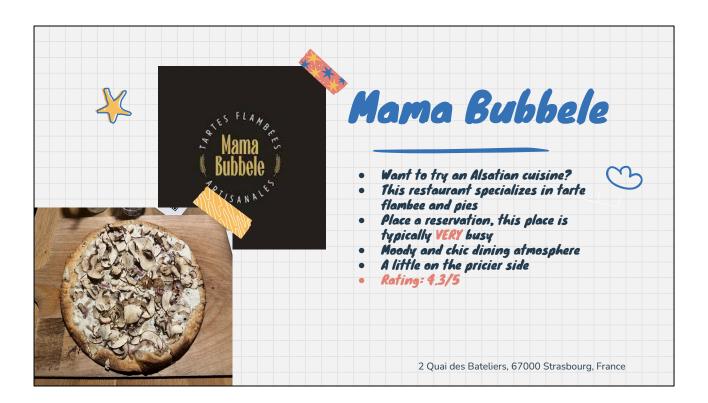
I went to this café towards the end of my semester when my roommate studying in Dublin, Ireland, came to visit! We did not call ahead for reservations, so the waiting period was a little long, but do note that we went on a weekend day. Pictured here are our meals and coffees (which the meals came with a tea— very tasty!). Oh My Goodness is also very pet-friendly, we ran into this huge dog that a family from London had brought along with them on their family vacation, so if you are someone that is looking for a very casual setting to grab a good bite to eat + chat with some friends, Oh My Goodness is the place to be!



I visited this bakery multiple times throughout my entire study abroad program in Strasbourg. Every time I went I had a really great experience getting to practice my French with the staff working behind the counter (they started to recognize me after a while and it became almost routine to pick up a treat on Thursdays and work on my newly learned French). The menu also changed every day besides a few of their classic recipes, so if you're looking to try anything new and know that it'll be a really tasty treat, I highly highly recommend visiting this patisserie, which is not too far from Place Kléber and the Cathedral. The only thing I would say that this Bakery does not offer is a good sit-down vibe, if you're looking for a place to stay and study at or possibly eat with another friend, I would recommend either sitting outside/walking to Place Kléber, or possibly taking your food to go and (if the weather permits) going to a park to enjoy your food.



When it came to finding a really good dinner, La Cocina was a phenomenal place to grab a nice meal with friends. Every time I came, I would bring a new friend to try it out, just because the menu had a lot to offer for those that have different preferences, and options to customize how spicy you would like your food prepared. Keeping this in mind, I found it to be easy to enjoy the different options available on the menu with my gluten allergy because they offered plenty of different alternatives for the majority of the meals that they provided (corn-based tortillas, etc.) I recommend going to La Cocina when it's really nice out and you can sit outside with a big group; the interior of the restaurant itself is very small and tightly packed, so if you decide to come eat here, just make sure that you take in consideration how many of you will be going! Overall, this was one of my favorite places to enjoy a delicious dinner.



Mama Bubbele was one of the first restaurants that I came to discover in Strasbourg. After our orientation week with the program trip to Marseille, I was looking to get into more French cuisine, though had to be cautious with the frequent use of gluten-based products that were present in much of the dishes I was coming to discover. Once I discovered that Mama Bubbele had not only highly rated tarte flambée, but gluten free options for those that needed them, it did not take me long to place a reservation with a friend to discover whether or not we enjoyed this Alsatian dish. Upon entering, we found the atmosphere of the restaurant to be really chic and modern, and overall really enjoyed the setting and layout of the restaurant. It was not hard to converse in French with staff, and it was also very easy to explain that I had a food allergy, in which they were easily able to accommodate for. If you're looking for an easy introduction to French cuisine while also wanting to have an elegant evening, I think that Mama Bubbele would be a wise place to start. Pictured here I have the tarte flambee that I ordered, though if I were to order another tart flambe again, I think I would choose a different topping besides mushrooms. It was very good!





If you are a student living in Syracuse's apartments located in the La Canopee, Taking your work over to Le Petit Stub is not very hard, seeing as it's right down the street. Personally, I was here at least once a week doing a lot of my readings for classes, as well as writing papers. I recommend going here on your own since Le Petit Stub is very small, and the table layout is more appropriately suited for maximum two people at a time. But if you're coming with a lot of homework to do with the entire academic setup (computer, iPad, textbooks, etc.), it's a really good atmosphere to do some heavy workloading on your own while getting a good coffee, matcha, tea, and so on!

As for Coffee Stub, It is a straight walk down the street from the villa, so if you're in-between classes and looking for a caffeine fix, I highly recommend taking the time to head over to Coffee Stub. At both locations they offer your traditional coffee options as well as some seasonal beverages, and I personally enjoyed testing out their limited edition beverages. I also had a really enjoyable experience conversing with staff at these establishments, and even at times running into them outside of the café and stopping for a quick chat! The atmosphere in general is really really calming and it's very easy to get into a good workflow, though the one negative I would say is that if you are going to try and settle in for long-term studying at Coffee Stub and Le Petit Stub, there are no computers allowed on the weekends!

At both places, if you are looking for an iced coffee/iced beverage in general, I recommend going to either of these establishments because they offer them. For myself, I had an extremely hard time finding an iced coffee that was tasty, but I struck

gold with both of these places! I personally got used to drinking the majority of my coffee and tea very hot, but on the days that you need a refreshing cold beverage, seek out these places to get that arranged!



I discovered Origin Café around halfway through my semester, but once I did discover it, Origin became a routine staple in my schedule. In the middle of Petite France, it's a bustling café with a charming seating area both inside and outside, as well as a plethora of baked goods, lunches, and finger foods displayed right when you walk in. This cafe is very popular amongst the tourists that I had met throughout my time visiting, so if you're looking for an easy place to meet new people and also do some homework, this is the place to be. Also, if you end up in a shopping mood after your time in Origin, all you have to do is walk right outside and take advantage of the multitude of different types of shops that are right on the same street. From homemade items such as soaps, jewelry, and dishware, to boutiques and name brand stores, there's options for everyone and their shopping needs! I brought my visiting roommate to this cafe and showed her the rest of the street, and she had a fantastic time getting to check out all the different options to shop (and other eateries) that were spread out everywhere!

I personally love Petite-France for this exact reason, as well as the scenic walk that is provided from all of the different shop and restaurant displays. Aesthetically pleasing while providing you with anything you may desire to explore!

