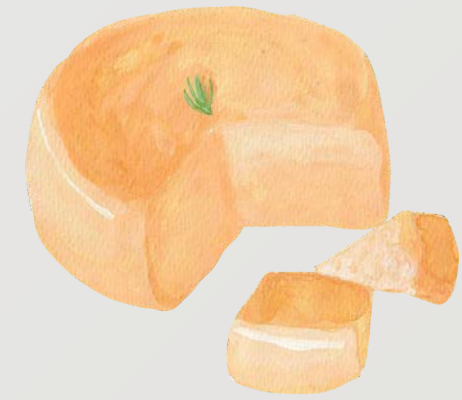


Peyton Foley
Florence Spring 2025



Top 10 Places to Eat: In Florence



ABOUT ME

My name is Peyton Foley, I am a senior here at Syracuse University studying Marketing with a minor in design studies. I had the amazing opportunity to study abroad in Florence in Spring of 2025 with SU. While I was abroad I learned so much about Florence; the people who live there, the cultures they celebrate, the clothes they wear, the food they eat, and so much more.

By the end of my semester abroad it was so hard for me to leave the place I once found challenging to live in. I miss it everyday, but the food is something that I dream of. Since returning to the States, I haven't had a meal that satisfied me like Florentine Cuisine.



Food in Florence

Food is a big comfort for me, I used the delicious dishes around Florence as an outlet whenever I was feeling down. Throughout my semester abroad, my roommates and I would explore the city and go to dinner together at a different restaurant each week. There were also many instances where I would take myself dates, something I would have never dreamed of doing in the States. I had many favorites while living in Florence, so here is a list of my top 10 places to get food or sweets.



10: LIONS FOUNTAIN



Borgo degli Albizi, 34r, 50122 Firenze FI, Italy

This is a staple when going out at night, if you know anyone who has studied abroad in Florence or visited a friend there, they went to Lion's and (hopefully) signed the t-shirt on the ceiling. Aside from being an iconic staple in the evening, my friends and I discovered they have great food too. Casual American foods like burgers, fries, mozzarella sticks, wings, and more, but it gave us a nice taste of home and brought us some comfort.

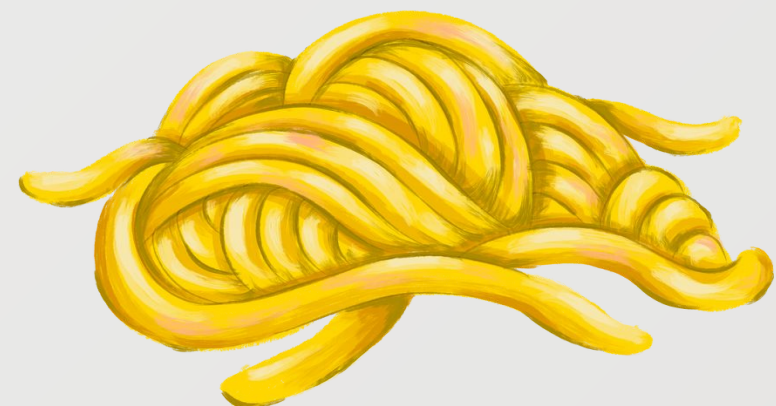


9: MR. PIZZA



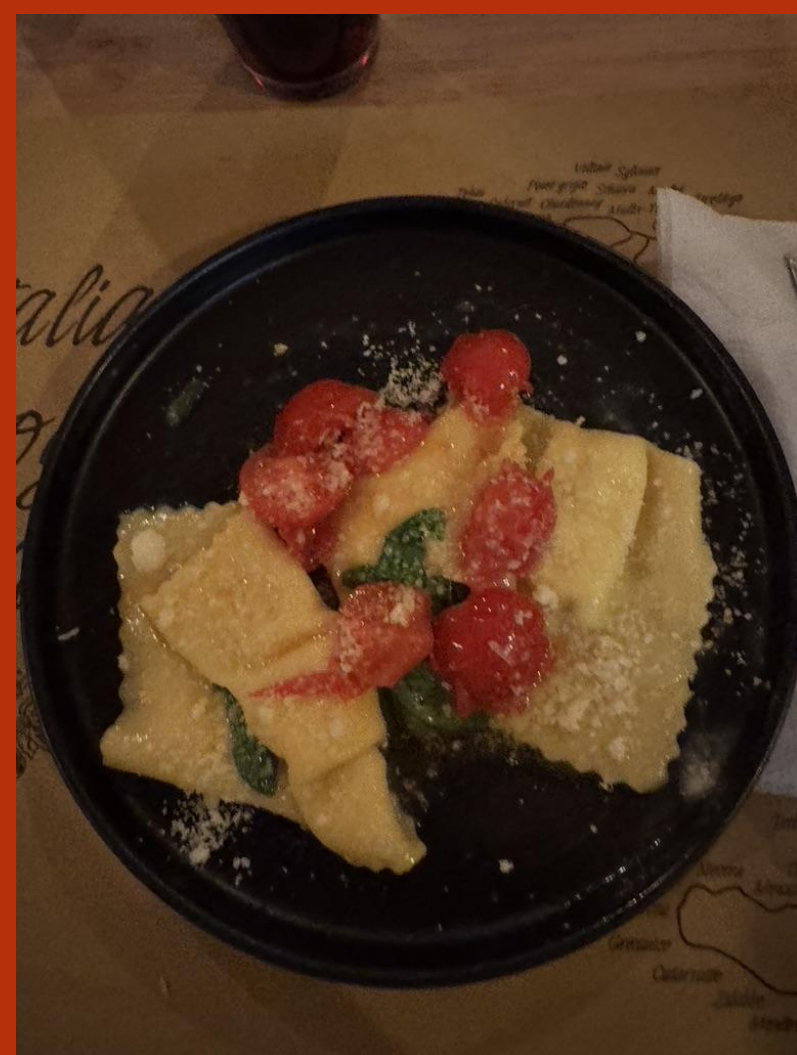
Although it may seem like a basic tourist trap and chain, but their pizza is phenomenal (plus they have gluten free crust!). This was a must after some late night karaoke at Red Garter, they are always open late. My favorite was either the classic margarita or the burrata pizza, so delicious, and don't forget they have other food and treats!

I tried a lot of pizzas while abroad and Mr. Pizza had one of the best ones. It became a staple for my friends and I, super convenient, really good, and reasonable prices.



8: DE BARDI CUCINA CLASS

Via de' Bardi, 13R, 50125 Firenze FI, Italy



I brought all of my family and friends who visited me to De Bardi Cucina. It is a cooking class with bottomless wine and you get to learn how to make tortellini and ravioli with a butter sage sauce and fettuccine with bolognese. At the end of the class you get to enjoy your hard work! The restaurant is also along the Arno River with the Ponte Vecchio in view.

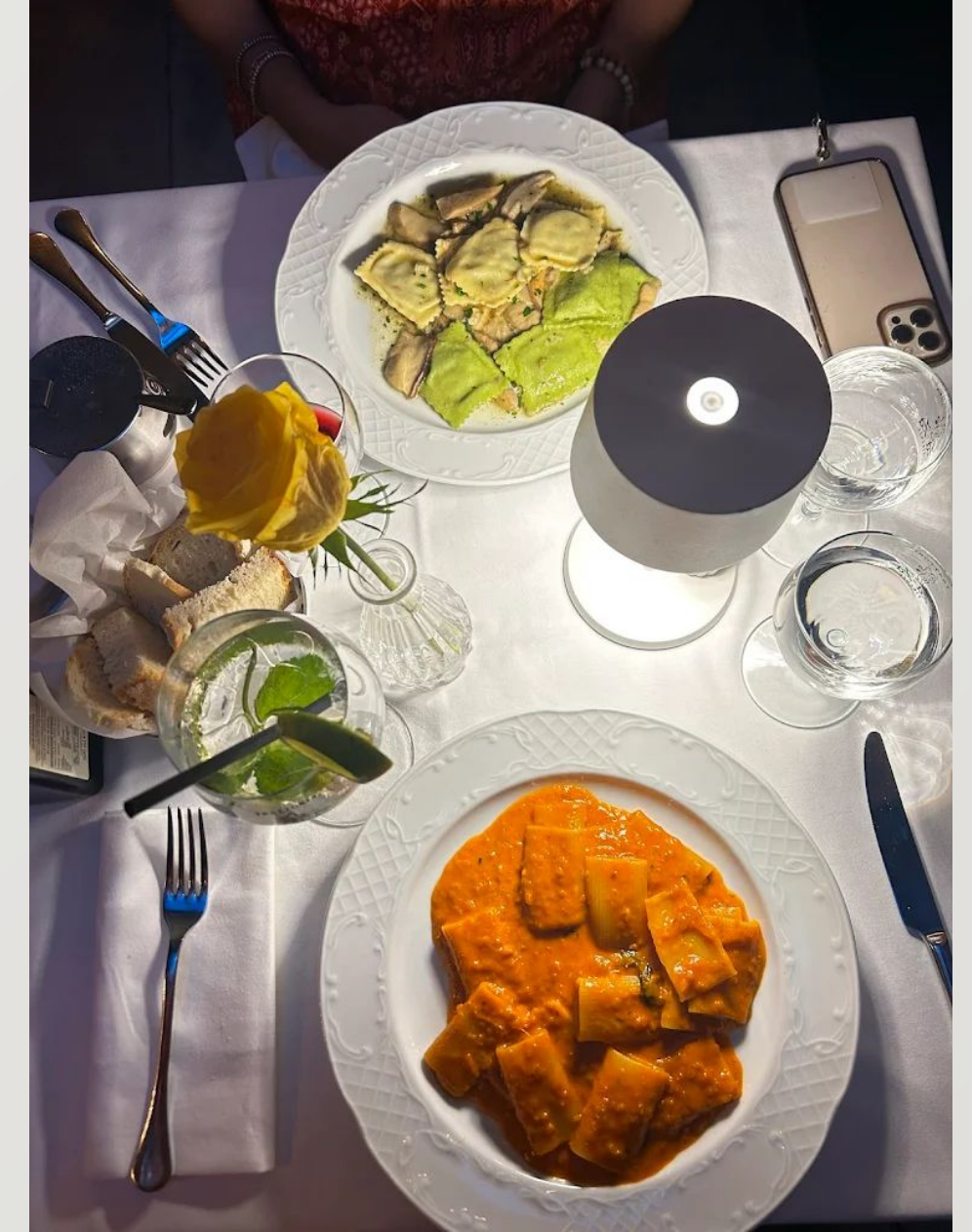


7: TRATTORIA ZAZA

Piazza del Mercato Centrale, 26r, 50123 Firenze FI, Italy

I also brought my family here and they thought it was some of the best pasta they have had. I went several times to ZaZa throughout the semester, my favorite dish was the Rigatoni alla Sorrentina Zà Zà Style (fresh tomato sauce with basil and Buffalo mozzarella). I had their steak before too and it was spectacular.

MAKE A RESERVATION!



6: EDOARDO IL GELATO BIOLOGICO

Piazza del Duomo, 45/R, 50122 Firenze FI, Italy



Edoardo's is right next to the Duomo, allowing you to enjoy some of the finest gelato in the city with one of the best views. My favorite flavor combination was their dark chocolate with their mixed berry, so delicious! Their salted caramel was also to die for.

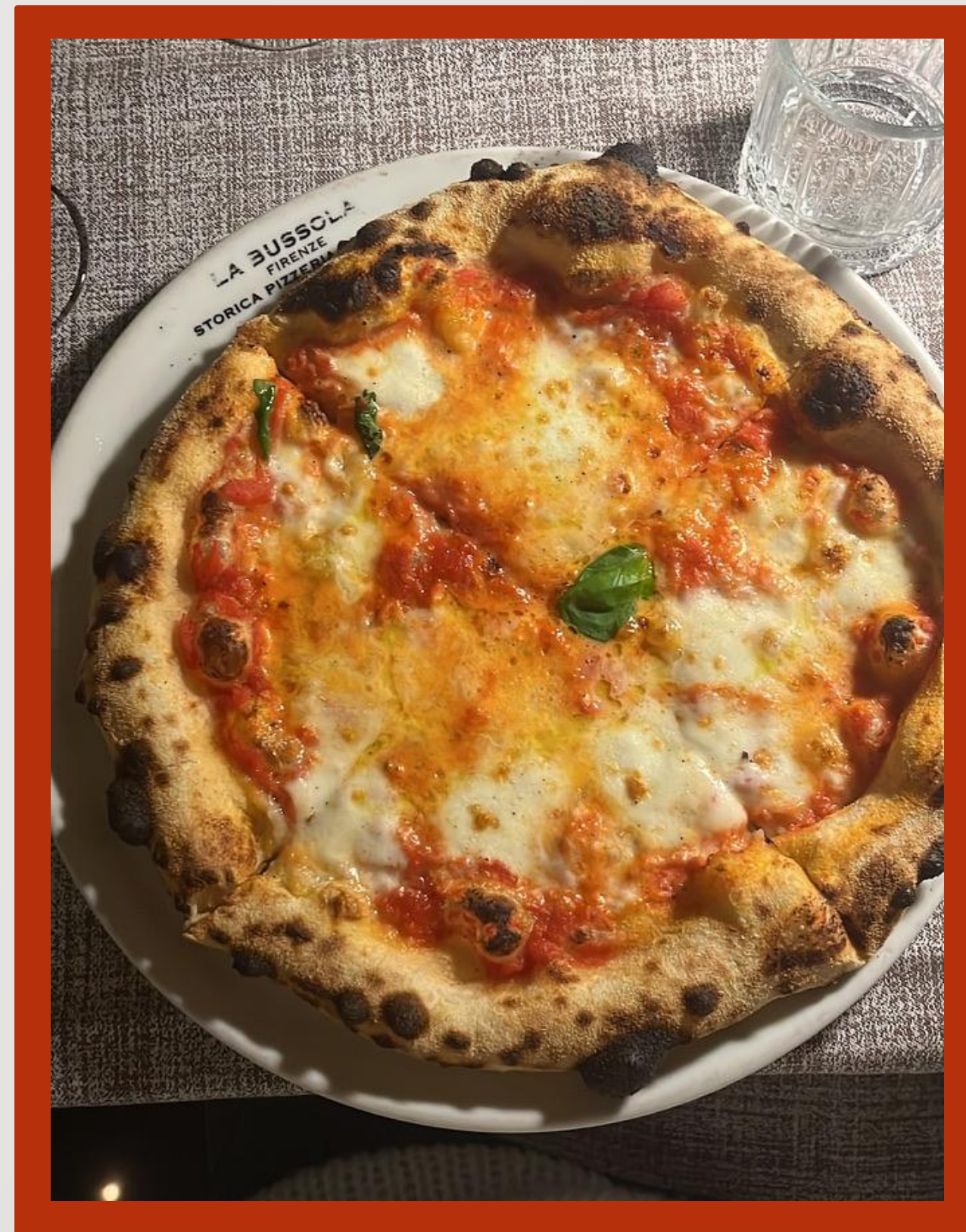
Gelato Tip:

ONLY get gelato from places that keep it behind the counter pictures on the left, NOT the gelato piled up in a display case!

5: LA BUSSOLA

Via Porta Rossa, 56r, 50123 Firenze FI, Italy

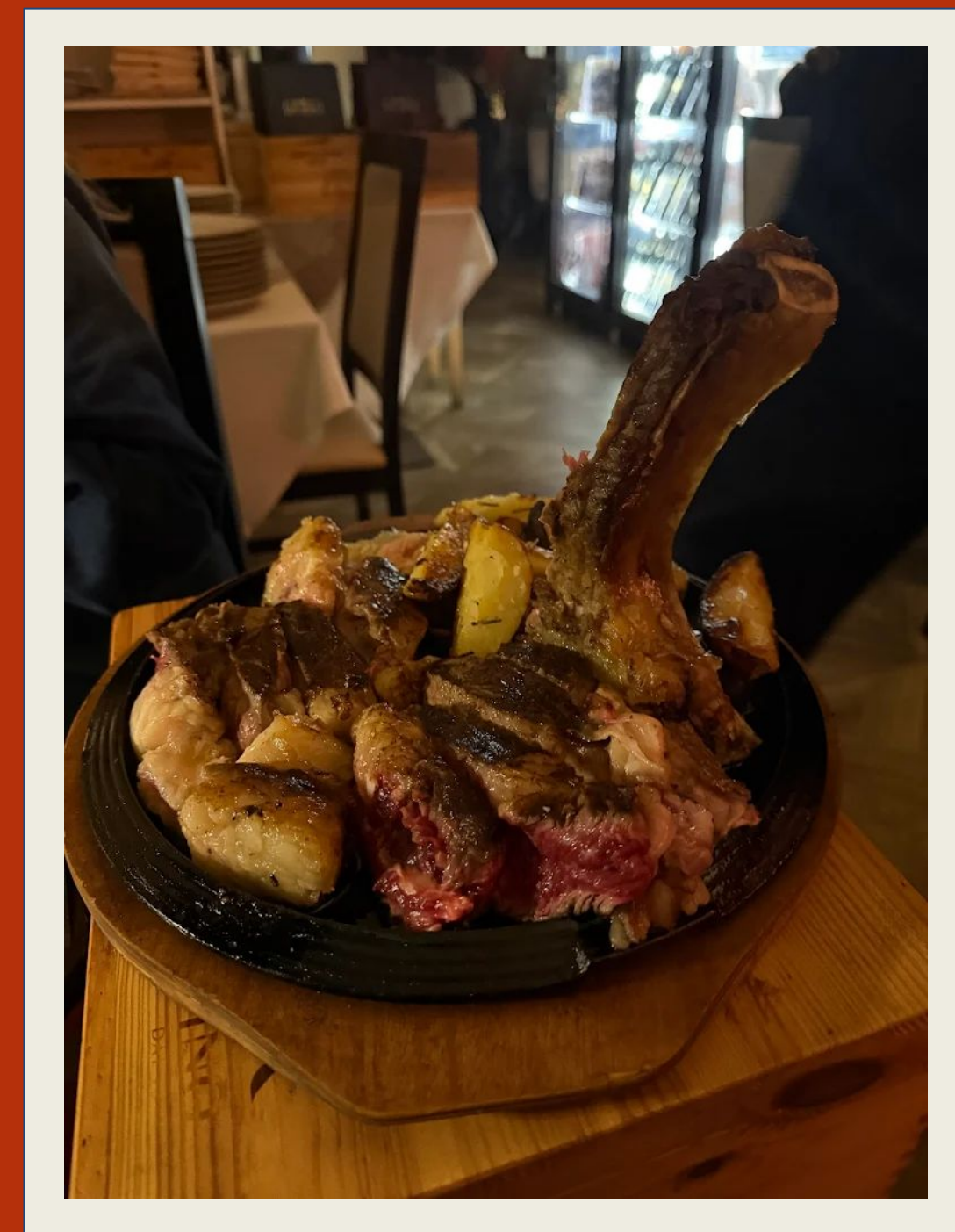
This was the second restaurant my roommates and I tried together, and this was my first pizza abroad, I dream of it. Their lasagna was also one of my favorites that I had. The food was so good, I brought my sister there when she visited me, it was her favorite restaurant I took her to. The atmosphere in there is perfect for a girls night out and its location is perfect for a night time stroll around downtown's best attractions.



4: RISTORANTE LA CUPOLA STEAKHOUSE

Piazza del Duomo, 47/R, 50122 Firenze FI, Italy

Cupola is right next to Edoardo's next to the Duomo, it makes for a perfect night of good food and sweet treats. It is on the pricier side, but they have great quality meats and fresh, homemade pasta. Cupola is the perfect place to bring your parents to impress them; great food, big wine list, amazing views, and they pick up the tab!



3: TRATTORIA TITO

Via S. Gallo, 112/R, 50129 Firenze FI, Italy

Tito is a very traditional Italian restaurant, they have a list of rules outside the door specifically highlighting: NO AMERITALIAN FOOD! Everyone who works there is so kind and funny and the atmosphere is incredible. The walls are covered in signatures and pictures of its visitors. My favorite dish was their gnocchi with a short rib sauce. Their bruschetta was also incredible, the best tomatoes I had.

MAKE A RESERVATION!



2: GINO'S BAKERY

Via de' Guicciardini, 3/5, 50041 Firenze FI, Italy

I would walk 40 minutes once a week to get one of these cannolis. There were plenty of other sweet treat and bakery items, but the cannolis alone I would book a trip for. It is across the Ponte Vecchio, by the Boboli Gardens which can make for a great day! I bought my whole family cannolis for when they arrived, just for a proper welcome to Florence.



I: GASTRONOMIA PANICO

V. Fra' Bartolomeo, 19/r, 50132 Firenze FI, Italy



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V. Fra' Bartolomeo, 19/r, 50132 Firenze FI, Italy



Last but not least, number 1, Gastronomia Panico. This is a little hole-in-the-wall restaurant, about a 6 minute walk from the Syracuse campus. An older man owns the restaurant with his son and makes everything fresh, in-house, that morning. My roommates and I discovered it our first week of being in Florence since it was near our apartment. At first we went for convenience, but then it became like home. It was the last place we went together before going home. The owner would always give us complimentary appetizers and tied bibs around our necks. The atmosphere was always so so enlightening and warm and the food never disappointed. You will have the best tiramisu of your life here!



THANK YOU
AND ENJOY!
